

St. Mark Antiochian Orthodox Church

Antiochian Orthodox Christian Archdiocese, Diocese of the West

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Archpriest Michael Laffoon, Priest Patrick Irish

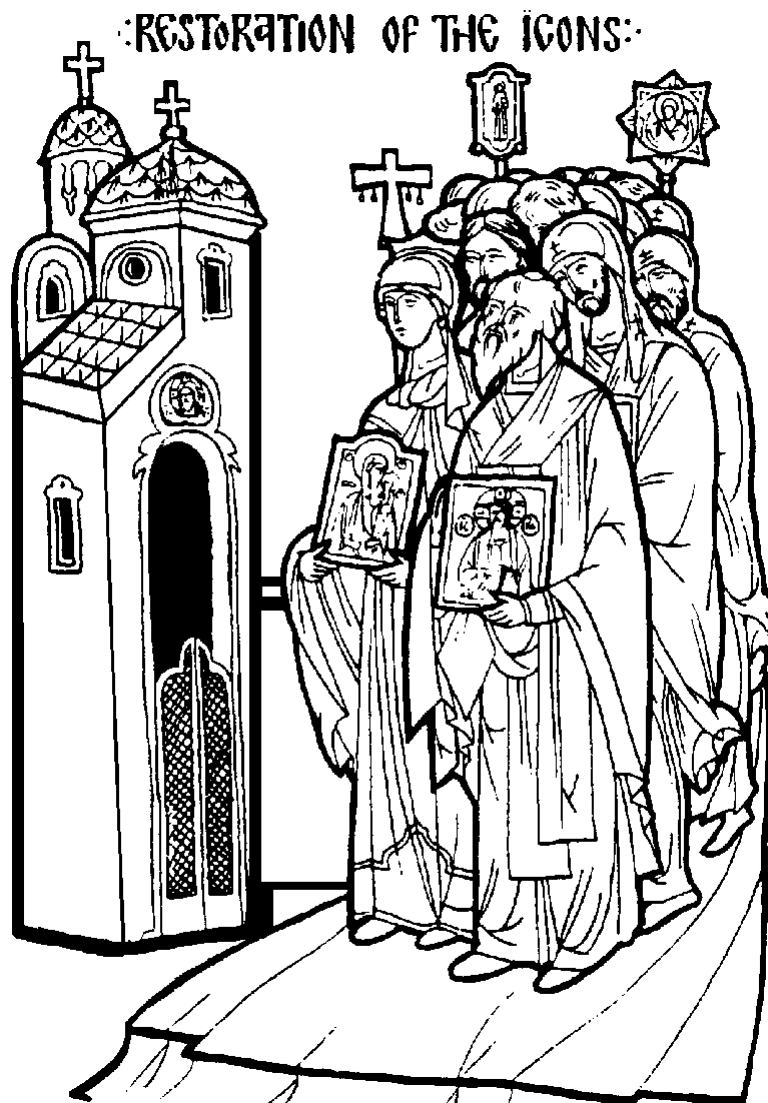
Protodeacon George Moubayed, Sub Deacon Athanasius Fakhouri

Choir Director Barbara Scholl

Chanters: Jacob Bahbah, Mark Ellis,

Karim Youssef

Teen Advisor: Fatin Fakhouri



MARCH 13, 2022

**FIRST SUNDAY OF LENT, THE SUNDAY OF ORTHODOXY
OUR FATHERS AMONG THE SAINTS NIKEPHOROS, PATRIARCH OF
CONSTANTINOPLE; AND BISHOPS POPLIAS AND MARIOS**

LITURGY OF ST. BASIL

During the Entrance

Troparion of the First Sunday of Lent, in the Second Tone: We reverence thine immaculate icon, O good One, and ask forgiveness of our transgressions, O Christ our God; for of thine own good will thou wast pleased to ascend the cross in the flesh, that thou mightest deliver from bondage to the enemy those who thou has fashioned. Wherefore, we cry aloud unto thee with thanksgiving: Thou hast filled all things with joy, O our Savior, for thou didst come to save the world.

HYMNS AFTER THE LITTLE ENTRANCE

Troparion for the Resurrection, in the Fifth Tone: Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

Troparion of the First Sunday of Lent in the First Tone (as above)

Troparion to St. Mark in the Fourth Tone: From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labor of Christ the Savior. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow laborer and didst enlighten the world with thy holy Gospel.

Clergy: Kontakion for the Sundays in Lent, in the Eight Tone: To thee the Champion Leader do I offer thanks of Victory. O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone canst set me free; from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without bridegroom.

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Prokeimenon (Daniel 3.26,27) Tone 4: Blessed are you, O Lord, God of our Fathers. For you are righteous in all things you have done for us.

The reading from Saint Paul's Letter to the Hebrews (11:24-26, 32-40)

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin.

And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets -- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth.

And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

Alleluia verses (Psalm 98.6; 33.17) Tone 4: Moses and Aaron are among his priests. They call on the Lord and he hears them.

The Reading from the Gospel according to St. John (1:43-51)

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you

know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

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Holy Oblations are offered today by Zach McCarty and the Khoury family for Melissa (Khoury) McCarty on the occasion of her birthday.

Coffee Hour today is given by the Coffee Hour Committee

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Please remember in your prayers: Yuri Sidorenko, Therese Joubran, May Dabbah, Sylvia Saba, Tarek Fakhouri, Adib and Nabila Zabaneh, Fouad and Mary Farraj (kidney transplant), Laura Anter (brain surgery), Tony Rodriguez (shoulder surgery) and the suffering people of Haiti, India, Syria, Iraq, Lebanon, Egypt, Libya, Ethiopia, Somalia, Palestine, Venezuela, Ukraine, and all people afflicted by violence and disease, especially those affected by the Coronavirus.

Today

March is Ladies Month in our Archdiocese. During March our Ladies will be ushering and reading the Sunday epistles. Today's Epistle reader: Denise Nassif. Ushers: Rima Tarazi, Adele Munayyer, Randa Salameh.

Sunday March 13, Sunday of Orthodox, Pan-Orthodox Vespers at St. John the Baptist Greek Orthodox Church, Anaheim, 6:30 p.m.

This Week

Lent has begun: During Great Lent, the rules of the dietary fast are thus: All of Lent and Holy Week we are to abstain from all meat and animal products (including eggs, milk, animal fats, etc.) The only exceptions are shellfish. In addition, Mondays through Fridays, we are to abstain from wine and other alcoholic drinks and olive oil (in some

Orthodox traditions olive oil is allowed). This is the "letter of the law." It is important for you and your family to participate in the "spirit of the law", working out this Lenten effort within your household in ways pleasing to God and beneficial for the soul. We all must be reminded that the purpose of the dietary fast is to help us to fast from sin and ungodliness! If you have questions regarding Lenten discipline, please see Fr. Michael or Fr. Patrick.

Lenten Services this week

Monday 7:00 -p.m. Great Compline

Tuesday 7:00 p.m. Parish Council Meeting

Wednesday Liturgy of Pre-Sanctified Gifts 6:30 p.m. (Lenten Pot-luck dinner after service)

Friday Little Compline with Akathist Hymn (Madayeh 2) 7:00 p.m.

Next week

Monday March 21, 7:00 -p.m. Great Compline

Wednesday March 23, Liturgy of Pre-Sanctified Gifts 6:30 p.m. (Lenten Pot-luck dinner after service)

Thursday March 25, Great Vespers 7:00 p.m.

Friday March 26, Evening Liturgy for Feast of the Annunciation 2) 6:30 p.m.

Quote from the Saints

Kissing with the lips corresponds to kissing with the soul; and when we kiss holy things [icons, relics, the chalice], we ought to kiss them with the soul and heart as well as the lips.

St. John of Kronstadt

The 1st Sunday of Lent, the Sunday of Orthodoxy

For more than one hundred years the Church of Christ was troubled by the persecution of the Iconoclasts of evil belief, beginning in the reign of Leo the Isaurian (717-741) and ending in the reign of Theophilus

(829-842). After Theophilus's death, his widow the Empress Theodora (celebrated Feb. 11), together with the Patriarch Methodius (June 14), established Orthodoxy anew. This ever-memorable Queen venerated the icon of the Mother of God in the presence of the Patriarch Methodius and the other confessors and righteous men, and openly cried out these holy words: "If anyone does not offer relative worship to the holy icons, not adoring them as though they were gods, but venerating them out of love as images of the archetype, let him be anathema." Then with common prayer and fasting during the whole first week of the Forty-day Fast, she asked God's forgiveness for her husband. After this, on the first Sunday of the Fast, she and her son, Michael the Emperor, made a procession with all the clergy and people and restored the holy icons, and again adorned the Church of Christ with them. This is the holy deed that all we the Orthodox commemorate today, and we call this radiant and venerable day the Sunday of Orthodoxy, that is, the triumph of true doctrine over heresy.

BUY SCRIP: *Our Ladies Guild buys scrip from many and various stores and restaurants (see list included in this bulletin) at a 3 to 10% discount. When you buy the scrip, which is accepted just like cash at the issuing store, the parish benefits. You pay no more for these goods and services and are making a donation to our parish. You can purchase this scrip from Saeda Turk on Sundays or use the new mobile app, RaiseRight by ShopWithScrip, is simply the right way to fundraise. Just make sure to choose "E-Gift Card" and you will have it in your email in less than a minute. Let's start shopping and earning money for your favorite church, St Mark Irvine! Get the app: <https://www.raiseright.com/> USE THE ENROLLMENT CODE LFA187LD11116*