

St. Mark Antiochian Orthodox Church

Antiochian Orthodox Christian Archdiocese, Diocese of the West

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Archpriest Michael Laffoon, Priest Patrick Irish

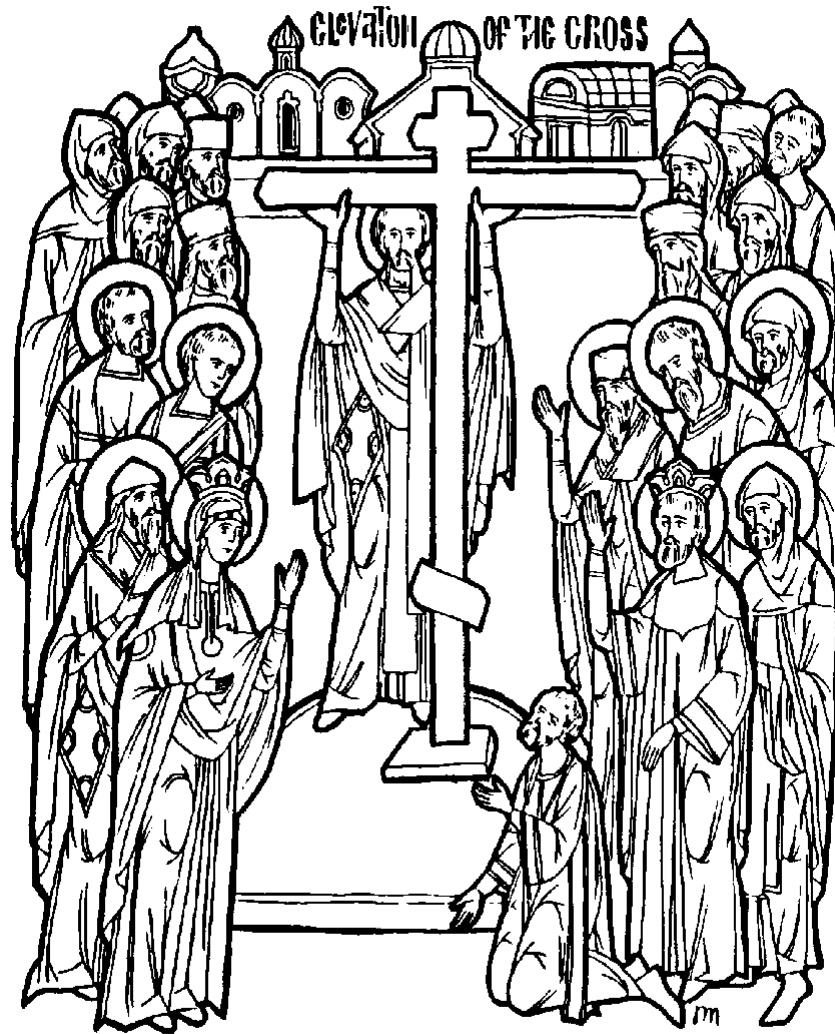
Protodeacon George Moubayed, Dn. Nicholas Mamey, Sub Deacon Athanasius Fakhouri

Choir Director Barbara Scholl

Chanters: Jacob Bahbah, Mark Ellis, Theresa Joubran,

Karim Youssef

Teen Advisor: Fatin Fakhouri



SEPTEMBER 19, 2021

SUNDAY AFTER THE ELEVATION OF THE CROSS

THE MARTYRS TROPHIMOS, DORYMEDON, SAVVATIOS AND SUSANNA; THEODORE, PRINCE OF SMOLENSK, AND HIS SONS DAVID AND CONSTANTINE, WONDER-WORKERS OF YAROSLAV AND THEODORE OF TARSUS, AND HIS COUNSELOR THEODORE

During the Little Entrance

Troparion for the Elevation of the Cross in the First Tone:

O Lord save Thy people and bless Thine inheritance. Grant victories to the Orthodox Christians over their adversaries; and by the virtue of Thy Cross, preserve Thy habitation.

HYMNS AFTER THE LITTLE ENTRANCE

Troparion for the Resurrection, in the Fourth Tone: Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

Troparion of the Elevation of the Cross in the First Tone (repeated in Arabic)

All: **Troparion to St. Mark in the Fourth Tone:** From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labor of Christ the Savior. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow laborer and didst enlighten the world with thy holy Gospel.

Kontakion for the Elevation of the Holy Cross, in the Fourth Tone

Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.

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Prokeimenon (Psalm 103.24,1) Tone 4: O Lord, how magnificent are your works. You have made all things in wisdom. Bless the Lord, O my soul.

Reading from St. Paul's Letter to the Galatians (2:16-20)

Brethren, you know that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in

order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

Alleluia Verses (Psalm 44.4, 7) Tone 4: Draw your bow and prosper and reign, for the cause of truth and meekness and justice. You have loved righteousness and hated wickedness.

The Reading from the gospel according to St. Mark (8:34-9:1)

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and of My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of his Father with the holy angels." And He said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

Megalynarion of the Feast in Tone 8 (instead of "It is truly meet...")

Virginité is alien to mothers, and childbirth is foreign to virgins; in thee, O Theotokos, both were granted. Wherefore, all we the tribes of the earth bless thee unceasingly.

Communion Hymn of the Feast in Tone 8: I will take the cup of salvation, and I will call upon the Name of the Lord.

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Holy Oblations are offered by Emilie Laffoon for the soul of her mother Jessie Simon, departed this life 49 years and by May Asaly for

the souls of her parents, Paul and Virgin. We also pray today for Dn. Nicholas Mamey, his wife Sh. Christina and daughter Katherine as they transition to their new assignment at St. Elias Orthodox Church in Austin, TX.

Coffee Hour is offered by the Coffee Hour committee.

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Please remember in your prayers: Yuri Sidorenko, Therese Joubran, Jamal El-Sayegh, Tarek Fakhouri, Theo Whitehead, Adib and Nabila Zabaneh, and the suffering people of India, Syria, Iraq, Lebanon, Egypt, Libya, Ethiopia, Somalia, Palestine, Venezuela, Ukraine, and all people afflicted by violence and disease, especially those affected by the Coronavirus.

Today

Note: According to the recent CDC guidelines, if you are fully vaccinated, you need not wear a mask in church or in the hall. If you are not, you should wear a mask. A social distancing area has been set aside in the church on the left side (as one faces the altar).

This Week

Wednesday September 22, 6:00 p.m. Vespers

Next week

Sunday September 26, Fall Fundraiser. See flyer for details.

Tuesday September 28, 6:45 Adult Education resumes

Wednesday September 29, 6:00 p.m. Vespers

Upcoming Services & Events

Sunday October 3, First Day of Church School.

Thursday October 8, Antiochian Women's election meeting.

Parish Annual Meeting October 10

On Sunday, October 10, we will hold our 2021 Annual Parish Meeting. All Members of St. Mark Church should plan to participate. Only adult Orthodox Christians who have made a 2021 Regular Pledge to the parish

of St. Mark may vote. We need your participation in this meeting! Plan to be there. We will vote on a 2022 Budget, hear organization reports and elect three new Council Members. If you would like to run for a Council seat, or suggest another member for nomination, please see Fr. Michael or one of the out-going Council members: Michael Khoury, Lew Malouf, or Jerri Mamey. The list of nominees will be printed in the October 3 bulletin. In accordance with our Parish By-laws, no nominations are allowed from the floor.

Quote from the Saints

It has been determined by God that every person has some kind of cross in this life, i.e., a spiritual sorrow which he must bear undisturbedly, for there is not any benefit from faintheartedness and impatience. And since many are the tribulations of the righteous people in this life, then how much more must we sinners endure.

St. Anthony of Optina

Eustathios the Great Martyr, his wife and two children

September 20

The holy Martyr Eustathius before his baptism was an illustrious Roman general named Placidus in the days of the Emperor Trajan. While hunting in the country one day, he was converted to the Faith of Christ through the apparition of an uncommonly majestic stag, between whose antlers he saw the Cross of Christ, and through which the Lord spoke to him with a human voice. Upon returning home, he learned that his wife Tatiana had also had a vision in which she was instructed to become a Christian. They sought out the Bishop of the Christians and were baptized, Placidus receiving the name Eustathius, and Tatiana the name Theopiste; their two sons were baptized Agapius and Theopistus. The family was then subjected to such trials as Job endured. Their servants died, all their goods were stolen, and on a pilgrimage to Jerusalem they were scattered abroad, each not even knowing if the others were still alive. By the providence of God, they were united again after many years, and returned to Rome in glory. Nevertheless, when they refused to sacrifice to the idols—a public sacrifice

from which no Roman general could be absent-the Emperor Hadrian, who had succeeded Trajan, had them put into a large bronze device in the shape of a bull, which was heated with fire until they died. When their holy bodies were removed, they were found to be without harm. They suffered martyrdom about the year 126.

BUY SCRIP

Our Ladies Guild buys scrip from many and various stores and restaurants (see list included in this bulletin) at a 3 to 10% discount. When you buy the scrip, which is accepted just like cash at the issuing store, the parish benefits. You pay no more for these goods and services and are making a donation to our parish. You can purchase this scrip from Saeda Turk on Sundays or use the new mobile app, RaiseRight by ShopWithScrip, is simply the right way to fundraise. Just make sure to choose "E-Gift Card" and you will have it in your email in less than a minute.

Let's start shopping and earning money for your favorite church, St Mark Irvine!

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