

# **St. Mark Antiochian Orthodox Church**

**Antiochian Orthodox Christian Archdiocese, Diocese of the West**

17840 Sky Park Circle, Irvine CA 92614 (949) 851-8933

Church Office Hours: M-F, 10:00 am – 3:30 pm

Website: [www.st-mark-church.org](http://www.st-mark-church.org)

Archpriest Michael Laffoon, Priest Patrick Irish

Protodeacon George Moubayed, Dn. Nicholas Mamey, Sub Deacon Athanasius Fakhouri

Choir Director Barbara Scholl

Chanters: Jacob Bahbah, Mark Ellis, Theresa Joubran,

Karim Youssef

Church Office Secretary: Lydia Wakileh

Teen Advisor: Fatin Fakhouri



**JUNE 14, 2020**  
**SUNDAY OF ALL SAINTS**

## HYMNS AFTER THE LITTLE ENTRANCE

**Troparion for the Resurrection in the Eighth Tone:** From the heights Thou didst descend, O compassionate one, and Thou didst submit to the three-day burial, that Thou might deliver us from passion. Thou art our life and our resurrection. O Lord, glory to Thee.

**Troparion of the Saints in the Fourth Tone:** Thy Church, O Christ our God, hath regaled herself in the blood of thy Martyrs throughout all the world, as in purple and fine linen. Through them she lifteth her voice, crying, turn with thy compassion to thy people, and grant peace to thy city, and to our souls the Great Mercy.

All: **Troparion to St. Mark in the Fourth Tone:** From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labor of Christ the Savior. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow laborer and didst enlighten the world with thy holy Gospel.

Priest: **Kontakion of All Saints in the Eighth Tone:** Unto thee, O Lord, the Author of creation, the universe doth offer the God-bearing martyrs as the first-fruits of nature. By whose prayers, through the Theotokos, do thou preserve in the profoundest peace thy Church, O most merciful One.

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**Prokeimenon** (Psalm 67:35, 26) God is wonderful among his saints. Bless God in the congregations.

### **Reading from the Letter of St. Paul to the Hebrews (11:33-12:2)**

Brethren, all the saints through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth.

And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith.

**Alleluia Verses** (Psalm 33:17, 19) The righteous cried and the Lord heard them. Many are the afflictions of the righteous, but the Lord will deliver them from them all.

**The Reading from the Gospel according to Saint Matthew** (10:32-33; 37-38; 19:27-30)

The Lord said to his disciples, "Every one who acknowledges me before men, I also will acknowledge before my Father who is in heaven; but whoever denies me before men, I also will deny before my Father who is in heaven.

"He who loves father or mother more than me is not worthy of me; and he who loves son or daughter more than me is not worthy of me; and he who does not take his cross and follow me is not worthy of me."

Then Peter said in reply, "Lo, we have left everything and followed you. What then shall we have?" Jesus said to them, "Truly, I say to you, in the new world, when the Son of man shall sit on his glorious throne, you who have followed me will also sit on twelve thrones, judging the twelve tribes of Israel. And every one who has left houses or brothers or sisters or father or mother or children or lands, for my name's sake, will receive a hundredfold, and inherit eternal life. But many that are first will be last, the last first.

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Communion hymn: "Rejoice in the Lord, O ye just: Praise is meet for the upright."  
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**Until further notice, both Coffee Hour and Church School are cancelled.**

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*Please remember in your prayers: Eleanor Wackeen, Jamal El-Sayegh, Francois & Maureen Maatouk, Tarek Fakhouri, Adele Bahbah, Paul Qaqundah, Theresa Joubran, and the suffering people of Syria, Iraq, Lebanon, Egypt, Libya, Ethiopia, Somalia, Palestine, Venezuela, Ukraine, and all people afflicted by violence and disease, especially those affected by the Coronavirus.*

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**Good Samaritan Fund**

Several years ago, St. Mark Church established a fund for assisting those in need, both within our parish and in the general community. From time to time we ask for

contributions to the Good Samaritan Fund, and this is one of those times. If you are in need of assistance or you are aware of someone in our parish that needs financial assistance, please speak with Fr. Michael.

### Today

*Please remember that even in the midst of this difficult period, the expenses of the parish continue. It is important that we send in our donations and pledges via U.S. mail, or if you prefer to pay by credit card call the Church Office to set this up. We are working to keep our expenditures as low as possible until things return to a more normal state.*

### This Week

**Wednesday June 17, 6:00 p.m. Vespers**

### **Sunday of All Saints**

Honoring the friends of God with much reverence, the Prophet-King David says, "But to me, exceedingly honorable are Thy friends, O Lord" (Ps. 138:16). And the divine Apostle, recounting the achievements of the Saints, and setting forth their memorial as an example that we might turn away from earthly things and from sin, and emulate their patience and courage in the struggles for virtue, says, "Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every burden, and the sin which doth so easily beset us, and let us run with patience the race that is set before us" (Heb. 12:1). This commemoration began as the Sunday (Synaxis) of All Martyrs; to them were added all the ranks of Saints who bore witness (the meaning of "Martyr" in Greek) to Christ in manifold ways, even if occasion did not require the shedding of their blood. Therefore, guided by the teaching of the Divine Scriptures and Apostolic Tradition, we the pious honour all the Saints, the friends of God, for they are keepers of God's commandments, shining examples of virtue, and benefactors of mankind. Of course, we honour the known Saints especially on their own day of the year, as is evident in the Menologion. But since many Saints are unknown, and their number has increased with time, and will continue to increase until the end of time, the Church has appointed that once a year a common commemoration be made of all the Saints. This is the feast that we celebrate today. It is the harvest of the coming of the Holy Spirit into the world; it is the "much fruit" brought forth by that "Grain of wheat that fell into the earth and died" (John 12:24); it is the glorification of the Saints as "the foundation of the Church, the perfection of the Gospel, they who fulfilled in deed the sayings of the Saviour" (Sunday of All Saints, Doxasticon of Vespers). In this celebration, then, we reverently honor and

call blessed all the Righteous, the Prophets, Apostles, Martyrs, Confessors, Shepherds, Teachers, and Holy Monastics, both men and women alike, known and unknown, who have been added to the choirs of the Saints and shall be added, from the time of Adam until the end of the world, who have been perfected in piety and have glorified God by their holy lives. All these, as well as the orders of the Angels, and especially our most holy Lady and Queen, the Ever-virgin Theotokos Mary, do we honor today, setting their life before us as an example of virtue, and entreating them to intercede in our behalf with God, Whose grace and boundless mercy be with us all. Amen.

### **Regarding Church Attendance**

On May 25, Gov. Newsome announced relaxed guidelines for religious gatherings in the State of California. The guidelines specify that churches, synagogues, mosques, etc. may now gather for services with a limit of 25% of capacity, or 100 attendees whichever is less.

Based on the maximum number of people allowed in our sanctuary (324), we are now allowed up to 81 attendees.

This will be a partial re-opening of our services. This requires some kind of system to allow a larger number of people to start coming to holy services without going over our limit and allowing everyone a chance to attend, even though it can't all be on the same day.

Accordingly I have divided our parish into 4 groups. For the next few Sundays one of these groups will be designated for attendance. I have tried, using the parish roster to make the sizes of these group more or less the same in size. Here is the schedule:

Sunday June 14: Last names K-Q

Sunday June 21: Last names R-Z

Every Sunday our Choir Director Barbara Scholl will ask a rotating small number of singers to also be present.

Holy Services will continue being live-streamed at <https://livestream.com/accounts/13863088/events/9076624?t=1586211820473>

We are implementing this partial re-opening using the guidelines from the State of California and from our Metropolitan. These are summarized below. Please read these guidelines carefully and follow them.

We will continue to live stream all services until we all can be together again. For those attending services, please work diligently to be at church on time. It is a gift to be able to come together again so let's start with "Blessed is the Kingdom" at 10 AM. You are also welcome to join us for Matins at 8:45 AM.

There is a great deal of joy in bringing our community back together again even though we are still doing this slowly.

All attendees must practice self-distancing, excepting those who live in the same household (no less than 6 ft. separation). Every other row of seats will be "blocked off" to facilitate distancing. Ushers may ask you to move if necessary to maintain prudent distancing.

The wearing of protective masks is highly recommended (young children excepted). Choir members will not be wearing masks, but will practice rigorous distancing).

If you have symptoms of illness, please stay home. These symptoms include:

Fever or chills

Cough

Shortness of breath or difficulty breathing

Fatigue

Muscle or body aches

Headache

New loss of taste or smell

Sore throat

Congestion or runny nose

Nausea or vomiting

Diarrhea

People with serious underlying conditions and the elderly should stay home. These people can schedule Confession and/or reception of Holy Communion by appointment. If you have been exposed to someone with COVID-19, you should not participate in holy services for 14 days.

The “stay at home” order went into effect in mid-Lent. Holy Confession therefore, is overdue for many. These can be scheduled with Fr. Michael on Wednesday or Saturday after Vespers. For the time being Confessions will not be heard on Sunday mornings. The weekly Vespers services are open to all (up to our 81 person limit).

Points of contact in the Narthex and Church will be cleaned/disinfected after each service. Hand sanitizer will be available in the Narthex (please help us by bringing your own, if possible).

Please use sanitizer or soap and water to wash your hands upon entering the church building.

Clergy will cleanse their hands periodically during holy services.

Regarding the distribution of Holy Communion, I quote from the directive of our Metropolitan, “we will continue to offer Communion according to our Tradition, but all should allow the priest to pour the Body and Blood by opening their mouths wide and not closing their lips on the spoon. If the spoon does touch the mouth of the communicant, it should be wiped on the kalima [communion cloth].”

When lining up for Holy Communion, please maintain 6 ft. distancing

Antidoron [holy bread] will be handed out by the priest, or an altar server wearing a plastic glove.

Collection trays will not be passed as usual. Instead one tray in the Narthex will be designated for collections.

The latest medical evidence tells us that COVID-19 is mainly spread via “respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Spread is more likely when people are in close contact with one another (within about 6 feet).” (CDC website).

Gathering to celebrate the Lord’s Day is essential to Christian life. At the same time the last thing we want to see happen is for our gatherings to enable any serious illness. This is why the practices listed above are necessary.

Please continue to pray that our decisions and actions in the process of re-opening our church (and indeed our society) are guided by God's wisdom. No plan is perfect so I apologize for any inconveniences ours may cause. If you have questions, please contact me via email ([frmlaffoon@gmail.com](mailto:frmlaffoon@gmail.com)) or call the Church Office (949-851-8933)