

St. Mark Antiochian Orthodox Church

Antiochian Orthodox Christian Archdiocese, Diocese of the West

17840 Sky Park Circle, Irvine CA 92614 (949) 851-8933

Church Office Hours: M-F, 10:00 am – 3:30 pm

Website: www.st-mark-church.org

Archpriest Michael Laffoon, Priest Patrick Irish

Protodeacon George Moubayed, Dn. Nicholas Mamey, Sub Deacon Athanasius Fakhouri

Choir Director Barbara Scholl

Chanters: Jacob Bahbah, Mark Ellis, Theresa Joubran,

Karim Youssef

Church Office Secretary: Lydia Wakileh

Teen Advisor: Fatin Fakhouri

Church School after Holy Communion



FEBRUARY 23RD, 2020

JUDGMENT SUNDAY (SUNDAY OF MEAT FARE)

**HIEROMARTYR POLYCARP, BISHOP OF SMYRNA; VENERABLE GORGONIA,
SISTER OF GREGORY THE THEOLOGIAN; VENERABLE ZEBINAS,
POLYCHRONIOS, MOSES AND DAMIAN NEAR CYRRHUS IN SYRIA; VENERABLE
DAMIAN OF ESPHIGMENOU MONASTERY ON MOUNT ATHOS**

HYMNS AFTER THE LITTLE ENTRANCE

Troparion of the Resurrection in the Third Tone: Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

All: Troparion to St. Mark in the Fourth Tone: From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labor of Christ the Savior. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow laborer and didst enlighten the world with thy holy Gospel.

Clergy: Kontakion of Meat Fare Sunday in the First Tone: When thou, O God, shalt come to earth with glory, all things shall tremble, and the river of fire shall flow before thy judgment seat; the books shall be opened, and the hidden things made public; then deliver me from the unquenchable fire, and make me worthy to stand at thy right hand, O righteous Judge.

Prokeimenon (Psalm 117. 14, 18) The Lord is my strength and my song. The Lord has chastened me sorely.

The Reading from the First Epistle of St. Paul to the Corinthians. (8:8-9:2)

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care, lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you—a man of knowledge—at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

Alleluia Verses: (Psalm 19. 1, 9) The Lord hear thee in the day of affliction. O Lord, save the king, and hearken unto us!

The Reading from the Holy Gospel according to St. Matthew (25:31-46)

The Lord said, "When the Son of man comes in His glory, and all the angels with Him, then He will sit on His glorious throne. Before Him will be gathered all the nations, and He will separate them one from another as a shepherd separates the sheep from the goats, and He will place the sheep at His right hand, but the goats at the left. Then the King will say to those at His right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of

the world; for I was hungry and you gave Me food, I was thirsty and you gave Me drink, I was a stranger and you welcomed Me, I was naked and you clothed Me, I was sick and you visited Me, I was in prison and you came to Me.’ Then the righteous will answer Him, ‘Lord, when did we see Thee hungry and feed Thee, or thirsty and give Thee drink? And when did we see Thee a stranger and welcome Thee, or naked and clothe Thee? And when did we see Thee sick or in prison and visit Thee?’ And the King will answer them, ‘Truly, I say to you, as you did it to one of the least of these My brethren, you did it to Me.’ Then He will say to those at his left hand, ‘Depart from Me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave Me no food, I was thirsty and you gave Me no drink, I was a stranger and you did not welcome Me, naked and you did not clothe Me, sick and in prison and you did not visit Me.’ Then they also will answer, ‘Lord, when did we see Thee hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to Thee?’ Then He will answer them, ‘Truly, I say to you, as you did it not to one of the least of these, you did it not to Me.’ And they will go away into eternal punishment, but the righteous into eternal life.”

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Holy Oblations are offered today by Lupe Allen for the soul of her husband Ciciel Allen, her cousin Elias Hanoud and her friend Tania, by Lydia Wakileh & Giselle Awayjan for their friend Lupe Allen on her birthday today, and by Edna Deeb for her sister Danice Najjar on her birthday.

Coffee Hour is given today by the Coffee Hour Committee.

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Please remember in your prayers: Eleanor Wackeen, Jamal El-Sayegh, Francois & Maureen Maatouk, Tarek Fakhouri, Adele Bahbah, Paul Qaqundah, Theresa Joubran and the suffering people of Syria, Iraq, Lebanon, Egypt, Libya, Ethiopia, Somalia, Palestine, Venezuela, Ukraine, and all people afflicted by disease and violence.

Ushers this week: Osama Kishek & Sam Munayyer
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March is Antiochian Women’s Month, the Ladies will participate in Ushering, Reading the Epistle and serving during the 5 weeks of March

Next Week Ushers: Jerri Mamey & May Asaly

Next Week English Epistle Reader: Kristin Chala

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Please call the Church Office to schedule your home and/or business for Blessing with the Theophany Water. The best evenings for Fr Michael are

Mondays, Wednesdays (after Vespers), Fridays and Saturdays. Lent begins on March 2 and House Blessing will more difficult to schedule after that.

Good Samaritan Fund

Several years ago, St. Mark Church established a fund for assisting those in need, both within our parish and in the general community. From time to time we ask for contributions to the Good Samaritan Fund, and this is one of those times. If you are in need of assistance or you are aware of someone in our parish that needs financial assistance, please speak with Fr. Michael.

Church Etiquette

- Please be on time for services; those arriving late should not approach the Chalice for Communion.
- To receive Communion, one must be a baptized/chrisdated Orthodox Christian who has prepared by prayer, fasting, alms giving, and regular confession.
- Confessions are heard on Wednesday and Saturday evenings after Great Vespers and during the week by appointment.
- Men, women, and children: please dress modestly for services.
- Please remove lip balm or lipstick before receiving Communion or kissing the holy icons, Chalice, or Gospel.

TO THE PARENTS OF OUR YOUNG CHILDREN

- Relax! God put the wiggle in children; don't feel you have to suppress it in God's home. All are welcome!
- Sit toward the front where it is easier for your little ones to see and hear what's going on at the altar. They tire of seeing the back of others' heads.
- Quietly explain the actions of the Liturgy (what the priests, deacon, altar boys are doing)
- Sing the hymns and responses. Children learn how to worship in church by copying you.
- Incidental noise and movement are not reasons to take your child out of church. If a child's crying or movements become a distraction to others, then it is time to leave until they are calm.
- If you have to leave the church with your child, do so but please come back. Our Lord said, "Let the children come to me and forbid them not, for such is the Kingdom of Heaven."
- Remember that the way we welcome children in church directly affects the way they respond to the Church, to God, and one another. Let them know that they are at home in our house of worship.

TO THE MEMBERS OF OUR PARISH

The presence of children is a gift to the Church and they are a reminder that our parish is growing!

Please welcome our children and give a little encouragement to their parents.

Today

Teen SOYO Bible Bowl Study after church

The new Calendars for 2020 are here. Please take one per family from the table by the bulletin board.

This Week

...is Cheese Week, being the last week before Great Lent. On all days this week we are called upon to fast from meat, with fish, dairy, wine and oil allowed on all days.

Tuesday February 25, Adult Education 6:45 p.m.

Wednesday February 26, 7:00 p.m. Vespers

Friday February 28, Please join us for another beautiful evening growing our faith together as we learn from the writings of our beloved St Raphael. The evening will begin with a prayer service in Arabic in church and then we will enjoy a meatless potluck dinner (dairy, eggs, are fish allowed as this is Cheese Fare Friday), followed by the teachings and discussion and hymns, led by our dear brother Karim Youseff. We look forward to seeing you all there.

An Evening with St Raphael of Brooklyn - Life & Writings

Program Schedule for Friday 02/28/2020:

6:30 PM Prayers at Church (Paraklesis)

7:15 PM Pot Luck Dinner (Lenten-Dairy products are allowed)

7:45PM Reading and discussions "**Open to me the doors of repentance O Giver of Life**"(By Karim Youseff)

8:30 PM Adjourn

No RSVP Needed, Please plan to attend.

Next Week

Sunday March 1, Forgiveness Sunday

Monday March 2, First Day of Great Lent

Schedule for First Week of Lent

Monday March 2, Great Compline 7:00 p.m.

Tuesday March 3, Great Compline 7:00 p.m.

Wednesday March 3, Liturgy of Pre-Sanctified Gifts 6:30 p.m., followed by Lenten pot-luck.

Thursday March 4, Great Compline 7:00 p.m.

Friday March 5, Little Compline with Akathist Hymn

Upcoming Services & Event

Sunday March 8, Antiochian Women Lenten Luncheon with precede goes to the Antiochian Archdiocese.

Sunday March 8, 6:00 p.m. Sunday of Orthodoxy Vespers at St. Paul Greek Orthodox Church, 4949 Alton Pwky, Irvine.

Tarneeb Tournament, Sunday March 29, after Coffee Hour (mark the date)

Mark your calendar for the 68th Annual Diocese of Los Angeles and the West Parish Life Conference hosted by St. Nicholas Church – San Francisco, CA July 1st –July 5th 2020. Register on-line: www.laplc.org

BUY SCRIP

Our Ladies Guild buys scrip from many and various stores and Restaurants (see list included in this Bulletin) at a 3 to 10% discount. When you buy the scrip, which is accepted just like cash at the issuing store, the Parish benefits. You pay no more for these goods and services and are making a donation to our parish. You can purchase this scrip from Saeda Turk at the coffee hour.

St. Mark 2020 Stewardship Pledge Drive –

Dear St. Mark Family,

We are more than half way through our annual pledge drive. Thank you to all who have made their pledge. If you have yet to pledge, we hope you will do so now. Please look around our beautiful Church, this drive more than any other activity is what covers the annual operating expenses of St. Mark. If you have any questions, feel free to reach out to a member of our Parish Council. Pledge forms can be found in the Church Hall. We need everyone's support to reach our campaign goal. Your brother and sister in Christ,
Sleiman and Penny

Sunday of Judgment

The foregoing two parables -- especially that of the Prodigal Son -- have presented to us God's extreme goodness and love for man. But lest certain persons, putting their confidence in this alone, live carelessly, squandering upon sin the time given them to work out their salvation, and death suddenly snatch them away, the most divine Fathers have appointed this day's feast commemorating Christ's impartial Second Coming, through which we bring to mind that God is not only the Friend of man, but also the most righteous Judge, Who recompenses to each according to his deeds.

It is the aim of the holy Fathers, through bringing to mind that fearful day, to rouse us from the slumber of carelessness unto the work of virtue, and to move us to love and compassion for our brethren. Besides this, even as on the coming Sunday of Cheese-fare we commemorate Adam's exile from the Paradise of delight -- which exile is the beginning of life as we know it now -- it is clear that today's is reckoned the last of all feasts, because on the last day of judgment, truly, everything of this world will come to an end.

SUPPORT ST MARK CHURCH
PLEASE CALL RALPHS & JOIN THE CONTRIBUTION

PROGRAM 5% EARNINGS

USE OUR NEW NPO #YX817

PLEASE CALL 800-443-4438

02/23/2020

RESTAURANTS

CARL'S JR	(10'S)	\$20
CHEESECAKE FACTORY		\$100
CHIPOTLE MEXICAN GRILL	(10'S)	\$50
DEL TACO		\$30
EL POLLO LOCO (\$10)		\$30
EL TORITO/ACAPULCO		\$50
MIMIS CAFE		\$100
MAGGIANO'S/MACARONI GRILL/CHILI'S / (25'S)		\$175
OUTBACK STEAK HOUSE		\$50
OLIVE GARDEN		\$50
PF CHANG		\$50
SMASHBURGER (\$10'S)		\$30
SUBWAY (10'S)		\$40
TACO BELL (\$10'S)		\$30

GAS STATIONS

ARCO		\$900
CHEVRON		\$400
EXXON/MOBIL		\$600
SHELL		\$600
76 UNOCAL (\$100's)		\$300

CLOTHING DEPARTMENT STORES

BLOOMINGDALE'S	100's	\$100
Gap/Banana Republic/Old Navy	\$25	\$50
MACY'S	(\$100's)	\$500
MARSHALL/TJ MAX		\$50
NORDSTROM	\$100'S	\$100
ROSS (\$25'S)		\$100
SAKS 5TH AVENUE	(\$50'S)	\$100
ULTA BEAUTY	\$25'S	\$50
AMAZON.COM GIFT CARDS (\$25'S /100's)		\$250 <u>SHOP SMILE.AMAZON</u>
Visa® Five Back	(\$50' & \$100)	\$300

FOOD MARKETS

ALBERTSON'S		\$100
SPROUTS FARMERS MARKET (\$50)		\$300
STATER BROTHERS		\$400
SMART N FINAL	(\$50'S ONLY)	\$200
SUPER KING MARKET		\$0

SPECIALTY RETAIL STORES

BATH & BODY		\$50
BED BATH & BEYOND		\$50
DISNEY STORES		\$150
HOMEDEPOT		\$75
HONEYBAKED HAM		\$50
SEE'S CANDIES \$21/LB		2 POUND
STARBUCKS (\$10 and \$25)		\$200
TARGET \$25		\$300
WALMART \$25' AND 100'S		\$350

SHOP @ SMILE.AMAZON.COM...CHOOSE ST.MARK Antiochian
Orthodox Church FOR YOUR CHARITY ORGANIZATION

St. Mark Pledge Drive 2020
Total Pledge cards 104
Total Pledges \$ 165,700
February 23, 2020

IMAD & ARIJ ALCHAMMAS
SLEIMAN & SEHAM ALDADA
LUPE ALLEN
SAMIR & AFIFA ARTOUL
MAY ASALY
GHAFFAN & GISELLE AWAYJAN
ANAHID AZZOUNI
DANNY & MICHELE BABA
ISSAM & AMIRA BACHAWATY
JACOB & VERA BAHBAH
PHILLIP & TARIZE BAHBAH
MARSEL & IBRISAM BETAR
LEILA BOU MANSOUR / BAYOUK
EDWARD & DANA CHADE
LEO CHADE
GEORGE & KRISTIN CHALA
VLADIMIR & JOANNA CHENDLER
MATTHEW DABBAH
RANDY DABBAH
SUE DABBAH
MARWAN & RULA DABIT
JOE & GOLDIE DARUTY
MATTHEW DARUTY
SCOTT & DIANE DARUTY
ALICE DE ABDO
EDNA DEEB
SAMIRA EISSA
CHARLOTTE EL-HINN
MARK & ANDREA EL-HINN
SAAD & SAMAR ELSAYEGH
OMAR & FATIN FAKHOURI
KEVIN & SARA FORTUNA
RICHARD & MARY LOU GALLADE

CONSTANTINE GERONIKOLAOU
JAMES J. & CAROLE JO GOSON
SANDELLA GOSON
NORMAN & WETCKA HAFETY
SAMIRA & RANA HAJJAR
RICHARD & VERA JIRJIS
SHAWKI & DOHA JIRJIS
MICHAEL & LUCY JOELLSON
MAURICE & NADIA KARKAR
LILIAN KASSICIEH
BACHIR & HELENE KASSIR
HANI & THERESE KDEISS
IBRAHIM & DIANA KHAMIS
ANTOUNE & MAYSSOUN KHOURY
FAYEZ KHOURY
GHINA KHOURY
MICHAEL & CHARLOTTE KHOURY
ELIAS & NAJAT KHURY
OSAMA & RULA KISHEK
SIMON & LOURICE KISHEK
VIJAY & MALVINA KUMAR
EMILIE LAFFOON
MICHAEL & DONNA LAFFOON
FADI & TANIA MAALOUY
ZIAD & HELEN MAHSHI
LEW MALOUF
DN. NICHOLAS & CHRISTINA MAMEY
NELSON & JERRI MAMEY
NABIL & ANNE MANSOUR
ZACH & MELISSA MCCARTY
PROTODEACON GEORGE MOUBAYED
SUSIE MOUBAYED
SAM & ADEL MUNAYYER
WALID & DANICE NAJJAR
ELIAS & JEANN NASRAWI
NADIA NASRAWI

ELIZABETH NASSAR
JASON NINO
SAMMY & LANA NINO
FRED & LORI NOUR
KYRA PELACHIK
NADER & SUHAIR QOBORSI
NUHA QUSHAIR
TAMMY QUTAMI
JOSEPH & TANYA RICHARDS
EMAD & MUNA RIZKALLAH
NAJIB & HEBA SAADEH
FARAH & SYLVIA SABA
SIHAM SABA
MANUEL & GEORGETTE SALAMEH
RAMZI & RANDA SALAMEH
STEVEN & BARBARA SCHOLL
DON JR & PENNY SKAFF
DONALD J. SKAFF
THEODORE & KATHY SKAFF
MARY SOPHIEA
DAVID & JULIANA TANNOUS
FOUAD & RIMA TARAZI
DAVE & BRENDA TAX
ROGER & CAROL TIERNEY
ANTHONY TURK
ANTON & KEITIE TURK
AUSTIN & SAEDA TURK
STEPHANIE TURK
EVE VOYDAT
MATTHEW & SOPHIA WHITACRE
ROBERT & THEODORA WHITEHEAD
PATRICK & SUSAN WILDE
GEORGE & PATRICIA YAGHNAM
IBRAHIM & TAGHREED YAGHNAM
ADIB & NABILA ZABANEH

February '20

S	M	T	W	Th	F	Sa
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

St. Mark Orthodox Church of Irvine CA

March 2020

April '20

S	M	T	W	Th	F	Sa
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Forgiveness Sunday	2 1st Day of Great Lent	3 Great Compline 7:00 p.m.	4 Pre-Sanctified Liturgy 6:30 p.m.	5 Great Compline 7:00 p.m.	6 Akathist Service 7:00 p.m.	7 Vespers 4:00 p.m.
8 Daylight Saving 1st Sunday of Lent Ladies Luncheon	9 Great Compline 7:00 p.m.	10 Great Compline 7:00 p.m.	11 Pre-Sanctified Liturgy 6:30 p.m.	12 Great Compline 7:00 p.m.	13 Akathist Service 7:00 p.m.	14 Vespers 4:00 p.m.
15 St. Gregoral Palamas	16 Great Compline 7:00 p.m.	17 St. Patrick's Day	18 Pre-Sanctified Liturgy 6:30 p.m.	19 Parish Council 6:30 p.m.	20 Akathist Service 7:00 p.m. Vernal equinox (GMT)	21 Vespers 4:00 p.m.
22 Sunday of the Cross	23 Great Compline 7:00 p.m.	24 Great Compline 7:00 p.m.	25 Pre-Sanctified Liturgy 6:30 p.m. Evening Liturgy for Feast of Annunciation 6:30 p.m.	26 Parish Council 6:30 p.m.	27 Akathist Service 7:00 p.m.	28 Vespers 4:00 p.m.
29 St. John of the Ladder Men's Club Tameeb Tournament	30 Great Compline 7:00 p.m.	31 Great Compline 7:00 p.m.	1 Pre-Sanctified Liturgy 6:30 p.m.	2 Canon of St Andrew 7:00 p.m.	3 Akathist Service 7:00 p.m.	4 Vespers 4:00 p.m.
5	6 Great Compline 7:00 p.m.	Notes			Akathist Service 7:00 p.m.	March is Antiochian Women's Month

ST PAUL'S MARRIAGE RETREAT

INTIMACY, MARRIAGE AND PARENTING

FEBRUARY 28TH & 29TH | DR. PHILIP MAMALAKIS, PH.D.

FRIDAY, FEBRUARY 28TH

7 pm *Sexuality & Marriage*

SATURDAY, FEBRUARY 29TH

10 am *Christian Sexuality in
a Confused World*

Noon *Lunch*

1 pm *Nurturing Your Kids:
Parenting & Sexuality*



Dr. Philip Mamalakis teaches pastoral care and is Director of the Field Education program at Hellenic College Holy Cross. His professional interests are in Orthodox pastoral theology and marriage, family, and parenting. He has presented numerous talks, seminars, and retreats on marriage, family life, parenting, and Orthodox perspectives on mental health. He is married and the father of seven children.

\$50 PER COUPLE | REGISTER & PAY ONLINE AT WWW.STPAULSIRVINE.ORG

SUNDAY OF ORTHODOXY

PAN-ORTHODOX CELEBRATION

SUNDAY, MARCH 8



SAINT PAUL'S GREEK ORTHODOX CHURCH
IRVINE, CA

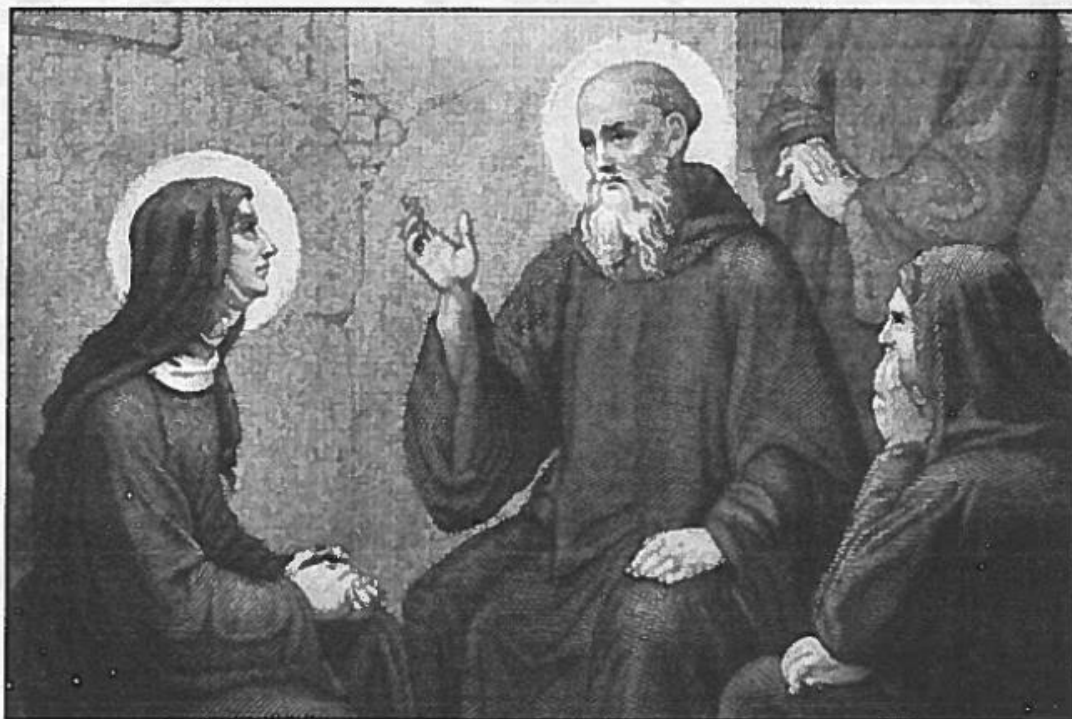
5:00 pm

- ✦ Pan-Orthodox Choir Rehearsal
- ✦ Youth Rally for Grades 5 to 12
led by Fr. Norman Kosanovich
- ✦ "Finding Your Calling" Young
Adult Rally led by Deacon
Nicholas Mamey

6:00 pm

- ✦ Great Vespers and
Procession of Icons
- ✦ Reception following in
St. Paul's Parish Event
Center

WITH THE BLESSING OF HIS EMINENCE METROPOLITAN JOSEPH & HIS GRACE BISHOP JOHN:



DISCOVERING STABILITY IN COMMUNITY



A Lenten Retreat by V. Rev. Msgr. Patrick Cardine
Pastor of St. Patrick Orthodox Church, Bealeton, VA
Editor of The Orthodox West, www.orthodoxwest.com

SATURDAY, MARCH 14
9 A.M. – 3 P.M.

Lunch provided ☼ Donation accepted ☼ RSVP requested

ST MICHAEL ORTHODOX CHURCH

3333 WORKMAN MILL RD WHITTIER, CA 90601
WWW.STMICHAELWHITTIER.COM

With the blessing of His Eminence, Metropolitan JOSEPH

THE MOTHER OF GOD IN OUR LIVES

LENTEN RETREAT

March 20 – 22

St. Andrew Orthodox Church
Riverside, CA

Presenters:

Bishop Irenei Steenberg

Father Calinic Berger

Father Josiah Trenham

Sessions:

Friday 7:00pm – 8:30pm

Saturday: 9:00am – 2:30pm

Sunday: 12:30pm – 2:00pm

To register online and to
view full schedule go to:
saintandrew.net

TO RECEIVE CHILDCARE
REGISTER BY MARCH 15





TOURNAMENT

MEN'S CLUB AT ST. MARK CHURCH

Sunday MARCH 29TH

\$ 35 PER PERSON

LOCATION: ST. MARCK CHURCH HALL, IRVINE

1:30 PM REGISTRATION

2:00 PM TARNEEB GAME START

4:00 PM LUNCH / COFFEE

FOR RESERVATIONS CONTACT GISELE @ (951)454-4177

