

St. Mark Antiochian Orthodox Church

Antiochian Orthodox Christian Archdiocese, Diocese of the West

17840 Sky Park Circle, Irvine CA 92614 (949) 851-8933

Church Office Hours: M-F, 10:00 am – 3:30 pm

Website: www.st-mark-church.org

Archpriest Michael Laffoon, Priest Patrick Irish

Protodeacon George Moubayed, Dn. Nicholas Mamey, Sub Deacon Athanasius Fakhouri

Choir Director Barbara Scholl

Chanters: Jacob Bahbah, Mark Ellis, Theresa Joubran,

Karim Youssef

Church Office Secretary: Lydia Wakileh

Teen Advisor: Fatin Fakhouri



AUGUST 4, 2019

THE 7TH SUNDAY AFTER PENTECOST

THE HOLY SEVEN SLEEPING YOUTHS OF EPHEBUS;

RECOVERY OF THE RELICS OF MARTYR EUDOKIA OF PERSIA

HYMNS AFTER THE LITTLE ENTRANCE

Troparion of the Resurrection in the Sixth Tone: When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

All: Troparion to St. Mark in the Fourth Tone: From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labor of Christ the Savior. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow laborer and didst enlighten the world with thy holy Gospel.

Kontakion for the Transfiguration, Tone 7: Thou wast transfigured on the mount O Christ God, and thy disciples beheld thy glory as far as they could bear it; so that when they would behold thee crucified they would understand that thy passion was voluntary and would proclaim to the world that thou art truly the Radiance of the Father.

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Prokeimenon (Psalm 27. 9, 1) Tone 6: O Lord, save your people and bless your inheritance. To you, O Lord, have I cried O my God.

Reading from St. Paul's Letter to the Romans (15:1-7)

Brethren, we who are strong ought to bear with the failings of the weak, and not to please ourselves; let each of us please his neighbor for his good, to edify him. For Christ did not please himself; but, as it is written, "The reproaches of those who reproached thee fell on me." For whatever was written in former days was written for our instruction, that by steadfastness and by the encouragement of the scriptures we might have hope. May the God of steadfastness and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus, that together you may with one voice glorify the God and Father of our Lord Jesus Christ. Welcome one another, therefore, as Christ has welcomed you, for the glory of God.

Alleluia Verses (Psalm 90.1-2) He who dwells in the shelter of the Most High will live in the protection of the God of heaven. He will say to the Lord: "You are my protector."

Reading from the gospel according to St Matthew (9:27-35)

At that time, when Jesus was passing by, two blind men followed him, crying aloud, "Have mercy on us, Son of David." When he entered the house, the blind men came to him; and Jesus said to them, "Do you believe that I am able to do

this?" They said to him, "Yes, Lord." Then he touched their eyes, saying, "According to your faith be it done to you." And their eyes were opened. And Jesus sternly charged them, "See that no one knows it." But they went away and spread his fame through all that district.

As they were going away, behold, a dumb demoniac was brought to him. And when the demon had been cast out, the dumb man spoke; and the crowds marveled, saying, "Never was anything like this seen in Israel." But the Pharisees said, "He casts out demons by the prince of demons."

And Jesus went about all the cities and villages, teaching in their synagogues and preaching the gospel of the kingdom, and healing every disease and every infirmity of the people.

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Holy Oblations are offered today by the Whitacre & Laffoon families for Luke Whitacre on the occasion of his 4th birthday (August 2).

Coffee Hour is offered today by the coffee hour committee

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Please remember in your prayers: Michael Debbas, Edward Deeb, Eleanor Wackeen, Tarek Fakhouri, Anton Turk, George Aldada (the elder), Adele Bahbah, and the suffering people of Syria, Iraq, Lebanon, Egypt, Libya, Ethiopia, Somalia, Palestine, Venezuela, Ukraine, and all people afflicted with disease and violence.

Ushers this week: James Goson & Paul Habeeb

Ushers next week: Melad Hanna & Richard Jirjis

Good Samaritan Fund

Several years ago, St. Mark Church established a fund for assisting those in need, both within our parish and in the general community. From time to time we ask for contributions to the Good Samaritan Fund, and this is one of those times. If you are in need of assistance or you are aware of someone in our parish that needs financial assistance, please speak with Fr. Michael.

Church Etiquette

- Please be on time for services; those arriving late should not approach the Chalice for Communion.
- To receive Communion, one must be a baptized/chrisdated Orthodox Christian who has prepared by prayer, fasting, alms giving, and regular confession.

- Confessions are heard on Wednesday and Saturday evenings after Great Vespers and during the week by appointment.
- Men, women, and children: please dress modestly for services.
- Please remove lip balm or lipstick before receiving Communion or kissing the holy icons, Chalice, or Gospel.

TO THE PARENTS OF OUR YOUNG CHILDREN

- Relax! God put the wiggle in children; don't feel you have to suppress it in God's home. All are welcome!
- Sit toward the front where it is easier for your little ones to see and hear what's going on at the altar. They tire of seeing the back of others' heads.
- Quietly explain the actions of the Liturgy (what the priests, deacon, altar boys are doing)
- Sing the hymns and responses. Children learn how to worship in church by copying you.
- Incidental noise and movement are not reasons to take your child out of church. If a child's crying or movements become a distraction to others, then it is time to leave until they are calm.
- If you have to leave the church with your child, do so but please come back. Our Lord said, "Let the children come to me and forbid them not, for such is the Kingdom of Heaven."

- Remember that the way we welcome children in church directly affects the way they respond to the Church, to God, and one another. Let them know that they are at home in our house of worship.

TO THE MEMBERS OF OUR PARISH

The presence of children is a gift to the Church and they are a reminder that our parish is growing!

Please welcome our children and give a little encouragement to their parents.

Today

At our recent Parish Life Conference in San Diego, three of our young people were honored for their Creative Arts submissions. Lylac Joellson was awarded 1st place in the 10th Grade division in Arts, Chadi Maalouli won first place in his age division for Photography and John Karam was awarded Honorable Mention in the 4th Grade division in Arts. Congratulations and Blessings!

Dormition Fast for the Theotokos began on August 1. During this Fast the Church prescribes the following fast: we abstain from all meat, dairy products (including eggs), fish, wine and olive oil (in some traditions olive oil is allowed). Shellfish may be eaten throughout the fast. Wine and olive oil are permitted on Saturdays and Sundays only. Please make every effort to fast according to the best of your ability and to come to the Sacrament of Holy Confession during this holy season!

We are missing 8 white round table cloths and 4 square white laces. If you have them and forgot to bring them back please do. Thank you.

This Week

Monday August 5, Evening Liturgy at 6:30 p.m. for the Feast of the Transfiguration. (Vespers and Orthros start at 5:00 p.m.)

Wednesday and Friday, 7:00 p.m.: Parakelsis to the Theotokos

Next week

Monday August 12, Parish Council Meeting at 6:30 p.m.

Wednesday August 14, Evening Liturgy, Feast of the Dormition of the Theotokos (Vespers and Orthros start at 5:00 p.m.)

Upcoming Services & Events

Thursday August 22, Young Adult Monthly dinner and discussions.

Saturday September 7, St. Mark Young Adult Pilgrimage to Santa Barbara

Saturday September 21, 2019: Our Annual Fundraiser. This year We have booked the San Juan Hills Golf Club for "Disco and Dabke." **Please save the date**

BUY SCRIP

Our Ladies Guild buys scrip from many and various stores and Restaurants (see list included in this Bulletin) at a 3 to 10% discount. When you buy the scrip, which is accepted just like cash at the issuing store, the Parish benefits. You pay no more for these goods and services and are making a donation to our parish. You can purchase this scrip from Saeda Turk at the coffee hour.

The Seven Sleepers of Ephesus

(August 4)

The Seven Youths hid themselves in a certain cave near Ephesus in the year 250, to escape the persecution of Decius. By divine grace, a sleep came upon them and they slept for 184 years, until the reign of Saint Theodosius the Younger, when the doctrine of the resurrection was being assailed by heretics. They then awoke, that is, were resurrected, confirming in the sight of all the bodily resurrection; and again after a short time, by divine command, they reposed in the Lord in the year 434.

**SUPPORT ST MARK CHURCH
RALPHS CONTRIBUTION PROGRAM 5% EARNINGS**

USE OUR NEW NPO #YX817

**PLEASE CALL 800-443-4438 TO SIGN UP TODAY
08/04/2019**

RESTAURANTS

CARL'S JR	(10'S)	\$30
CHEESECAKE FACTORY		\$100
CHIPOTLE MEXICAN GRILL	(10'S)	\$40
DEL TACO		\$30
EL POLLO LOCO (\$10)		\$30
EL TORITO/ACAPULCO		\$50
MIMIS CAFÉ		\$100
MAGGIANO'S/MACARONI GRILL/ CHILI'S / (25'S)		\$175
OUTBACK STEAK HOUSE		\$100
PF CHANGS/PEIWEI		\$0
OLIVE GARDEN		\$100
SMASHBURGER (\$10'S)		\$30
SUBWAY (10'S)		\$50
TACO BELL (\$10'S)		\$50

GAS STATIONS

ARCO		\$800
EXXON/MOBIL		\$550
SHELL		\$600
76 UNOCAL (\$100's)		\$400

CLOTHING DEPARTMENT STORES

BLOOMINGDALE'S 100's		\$100
EXPRESS CLOTHING STORES		\$100
Gap/Banana Republic/Old Navy \$25	NEW	\$50
MACY'S (\$100's)		\$0
MARSHALL/ TJ MAX		\$100
NORDSTROM \$100'S		\$100
ROSS (\$25'S)		\$100
SAKS 5TH AVENUE (\$50'S)		\$100
STEIN MART (\$25)		\$50
SEPHORA COSMETICS (\$25'S) ***NEW***		\$50
AMAZON.COM GIFT CARDS (\$25'S /100's)		\$250 <u>SHOP SMILE.AMAZON</u>
Visa® Five Back (\$50')		\$400

FOOD MARKETS

ALBERTSON'S		\$300
SPROUTS FARMERS MARKET (\$50) ** NEW**		\$300
STATER BROTHERS		\$125
SMART N FINAL (\$50'S ONLY)		\$200
SUPER KING MARKET ***NEW		\$0

SPECIALTY RETAIL STORES

BATH & BODY		\$50
BED BATH & BEYOND		\$50
DISNEY STORES		\$100
HOME DEPOT		\$150
HONEYBAKED HAM		\$50
I-TUNES (\$15 & 25'S)		\$55
SEE'S CANDIES \$21/LB		3 POUND
STARBUCKS (\$10 and \$25)		\$230
TARGET \$25		\$400
WALMART \$25' AND 100'S		\$200

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FOR YOUR CHARITY ORGANIZATION**



Supper And Scripture

A MONTHLY DINNER FOR
YOUNG ADULTS AIMED
TOWARDS DISCUSSING TOPICS
THAT MATTER.

Coming August 22

Contact Dn. Nick Mamey for Details:

(949)677-6642

ESCAPE THE WORLD...

SAINT MARK YOUNG ADULT
PILGRIMAGE TO SAINT BARBARA
MONASTERY

Sept 7

INFO/RSVP TO: DN. NICHOLAS MAMEY

(949) 677-6642



St. Mark Antiochian Orthodox Church

Disco & Dabke Night



BRING YOUR DANCING SHOES AND ENJOY THE MUSIC OF

Tickets

\$70 Per Person by Sept 8th
\$75 Per Person after Sept 8th
6pm to 10pm

Cocktails, Dinner and Dancing

Outdoor venue

Prizes for best Disco attire



**SATURDAY
SEPT - 21ST**

Questions

Jeri Mamey 818-317-2394
Rima Tarazi 949-439-0957
Barbara Scholl 949-533-4634
Kyra Pelachik 714-906-9231
Paula Rodriguez 949-922-9916

VIP Tables and sponsorships available.

For sponsorship opportunities Nelson Mamey 949-933-6000

SAN JUAN HILLS GOLF CLUB

32120 San Juan Creek Rd, San Juan Capistrano, CA 92675