

St. Mark Antiochian Orthodox Church

Antiochian Orthodox Christian Archdiocese, Diocese of the West

17840 Sky Park Circle, Irvine CA 92614 (949) 851-8933

Church Office Hours: M-F, 10:00 am – 3:30 pm

Website: www.st-mark-church.org

Archpriest Michael Laffoon, Priest Patrick Irish

Protodeacon George Moubayed, Dn. Nicholas Mamey, Sub Deacon Athanasius Fakhouri

Choir Director Barbara Scholl

Chanters: Jacob Bahbah, Mark Ellis, Theresa Joubran,

Karim Youssef

Church Office Secretary: Lydia Wakileh

Teen Advisor: Fatin Fakhouri

: HEALING OF THE PARALYTIC ::



JULY 28, 2019

THE 6TH SUNDAY AFTER PENTECOST

PROCHORUS, NICANOR, TIMON AND PARMENAS,

DEACONS AND APOSTLES OF THE SEVENTY

HYMNS AFTER THE LITTLE ENTRANCE

Troparion for the Resurrection in the Fifth Tone: Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

All: Troparion to St. Mark in the Fourth Tone: From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labor of Christ the Savior. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow laborer and didst enlighten the world with thy holy Gospel.

Kontakion for the Transfiguration, Tone 7: Thou wast transfigured on the mount O Christ God, and thy disciples beheld thy glory as far as they could bear it; so that when they would behold thee crucified they would understand that thy passion was voluntary and would proclaim to the world that thou art truly the Radiance of the Father.

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Prokeimenon (Psalm 88, 1, 2) Tone 5: You, O Lord, shall keep us and preserve us. Save me, O Lord, for the godly man has failed.

Reading from St. Paul's Letter to the Romans (12:6-14)

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness.

Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality.

Bless those who persecute you; bless and do not curse them.

Alleluia (Psalm 91.1, 2) Tone 5: I will sing of your mercies, Lord, for ever. For you have said: "Mercy shall be built up for ever.

Reading from the gospel according to St Matthew (9:1-8)

At that time, Jesus got into a boat, crossed over and came to his own city. And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But

Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins" -- he then said to the paralytic -- "Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, who had given such authority to men.

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Holy Oblations are offered today by Lilian Kassicieh for the souls of her husband Shafik departed 14 years and Jalal & Suha, and for the health and salvation of her family Hani, Nawal, Maher, Rula, Michael and Mark, and by Malek & Mounique Moussan and family for the soul of Malek's mother Samira Moussan departed life in Lebanon.

Coffee Hour is offered today by the coffee hour committee

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Please remember in your prayers: Michael Debbas, Edward Deeb, Eleanor Wackeen, Tarek Fakhouri, Anton Turk, George Aldada (the elder), Adele Bahbah, and the suffering people of Syria, Iraq, Lebanon, Egypt, Libya, Ethiopia, Somalia, Palestine, Venezuela, Ukraine, and all people afflicted with disease and violence.

Ushers this week: Phillip Bahbah & Randy Dabbah

Ushers next week: James Goson & Paul Habeeb

Good Samaritan Fund

Several years ago, St. Mark Church established a fund for assisting those in need, both within our parish and in the general community. From time to time we ask for contributions to the Good Samaritan Fund, and this is one of those times. If you are in need of assistance or you are aware of someone in our parish that needs financial assistance, please speak with Fr. Michael.

Church Etiquette

- Please be on time for services; those arriving late should not approach the Chalice for Communion.
- To receive Communion, one must be a baptized/chrisdated Orthodox Christian who has prepared by prayer, fasting, alms giving, and regular confession.

- Confessions are heard on Wednesday and Saturday evenings after Great Vespers and during the week by appointment.
- Men, women, and children: please dress modestly for services.
- Please remove lip balm or lipstick before receiving Communion or kissing the holy icons, Chalice, or Gospel.

TO THE PARENTS OF OUR YOUNG CHILDREN

- Relax! God put the wiggle in children; don't feel you have to suppress it in God's home. All are welcome!
- Sit toward the front where it is easier for your little ones to see and hear what's going on at the altar. They tire of seeing the back of others' heads.
- Quietly explain the actions of the Liturgy (what the priests, deacon, altar boys are doing)
- Sing the hymns and responses. Children learn how to worship in church by copying you.
- Incidental noise and movement are not reasons to take your child out of church. If a child's crying or movements become a distraction to others, then it is time to leave until they are calm.
- If you have to leave the church with your child, do so but please come back. Our Lord said, "Let the children come to me and forbid them not, for such is the Kingdom of Heaven."
- Remember that the way we welcome children in church directly affects the way they respond to the Church, to God, and one another. Let them know that they are at home in our house of worship.

TO THE MEMBERS OF OUR PARISH

The presence of children is a gift to the Church and they are a reminder that our parish is growing!

Please welcome our children and give a little encouragement to their parents.

Today

New big Fridge was delivered 2 weeks ago to replace the old broken one

We are missing 8 white round table cloths and 4 square white laces. If you have them and forgot to bring them back please do. Thank you.

This Week

Wednesday July 31, Evening Liturgy for Feast of the Procession of the Holy Cross, 6:30 p.m., preceded by Vesper and Orthros starting at 5:00 p.m.

Next week

Dormition Fast for the Theotokos begins Thursday August 1 to Thursday August 15

Monday August 5, Evening Liturgy at 6:30 p.m. for the Feast of the Transfiguration.

Upcoming Services & Events

Monday August 12, Parish Council Meeting at 6:30 p.m.

Saturday September 21 2019, We have booked the San Juan Hills Golf Club for our annual fundraiser **please save the date**

BUY SCRIP

Our Ladies Guild buys scrip from many and various stores and Restaurants (see list included in this Bulletin) at a 3 to 10% discount. When you buy the scrip, which is accepted just like cash at the issuing store, the Parish benefits. You pay no more for these goods and services and are making a donation to our parish. You can purchase this scrip from Saeda Turk at the coffee hour.

The holy, glorious and all-laudable Prochorus, Nicanor, Timon and Parmenas, Deacons and Apostles of the Seventy (July 28)

These first-century deacons are named in the Acts of the Apostles (6:1-6). The Apostle Peter ordained Prochorus as bishop of Nicomedia. For a time Prochorus was in the service of John the Evangelist and, on the Island of Patmos, copied the Book of Revelation which he heard from the mouth of St. John. After that he returned to Nicomedia where he exerted much effort and labor to convert the people to the Faith. He died a martyr's death in Antioch at the hands of unbelievers. Nicanor was stoned to death in Jerusalem on the same day as the Proto-martyr Stephen the Archdeacon (Acts 7:58-60). Soon after them, two thousand other Christians were slain by the wicked Jews. Saint Timon was a bishop in Bostra in Arabia and suffered on the cross for Christ. Saint Paramenas zealously preached Christ in Macedonia. He died in peace in Jerusalem before the eyes of the apostles and was mourned and buried by them



TO HELP + EMPOWER

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Back to School Backpack Program ELEMENTARY SCHOOL LIST

Pencils (1 Box of 12)



Pencil Case (1)



Pens (1 Package of 4)



Folders (1-5)



Crayons (1 Box of 8)



Glue Stick (1 Package of 4)



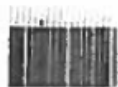
White Board Markers (1 Package of 4)



Binders (1-3)



Markers (1 Box of 12)



Ruler (1)



Colored Pencils (1 Box of 12)



Notebooks (1-3)



Index Cards (1 Pack of 3 1/2 x 5)

Eraser (1)



Your student will be looking forward to the first day of school, thank you!

If you would like to further assist your student with additional items such as nutritious meals, shoes, or haircuts please enclose a gift in addition to the \$10 requested for the cost of the backpack in the envelope provided. Gifts are tax deductible to the fullest extent of the law.



Supper And Scripture

A MONTHLY DINNER FOR
YOUNG ADULTS AIMED
TOWARDS DISCUSSING TOPICS
THAT MATTER.

Coming August 22

Contact Dn. Nick Mamey for Details:

(949)677-6642

ESCAPE THE WORLD...

SAINT MARK YOUNG ADULT
PILGRIMAGE TO SAINT BARBARA
MONASTERY

Sept 7

INFO/RSVP TO: DN. NICHOLAS MAMEY

(949) 677-6642



St Mark Antiochian Orthodox Church

Disco & Dabke Night



Tickets & Location

\$70 Per Person by Sept 8
\$75 Per Person after Sept 8

San Juan Hills Golf Club
Providing a Beautiful Outdoor Evening Setting
32120 San Juan Creek Road
San Juan Capistrano

Dance

Bring your dancing shoes and enjoy
the music of Disco Baller Band

Dinner - 6 pm

Cocktails, Dinner & Dessert

Questions?

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