

# **St. Mark Antiochian Orthodox Church**

**Antiochian Orthodox Christian Archdiocese, Diocese of the West**

17840 Sky Park Circle, Irvine CA 92614 (949) 851-8933

Church Office Hours: M-F, 10:00 am – 3:30 pm

Website: [www.st-mark-church.org](http://www.st-mark-church.org)

Archpriest Michael Laffoon, Priest Patrick Irish

Protodeacon George Moubayed, Dn. Nicholas Mamey, Sub Deacon Athanasius Fakhouri

Choir Director Barbara Scholl

Chanters: Jacob Bahbah, Mark Ellis, Theresa Joubran,

Karim Youssef

Church Office Secretary: Lydia Wakileh

Teen Advisor: Fatin Fakhouri



**JULY 21, 2019**

**THE 5<sup>TH</sup> SUNDAY AFTER PENTECOST**

**RIGHTEOUS FATHERS JOHN OF EDESSA IN MESOPOTAMIA AND  
SIMEON OF HOMS (EMESA)**

## HYMNS AFTER THE LITTLE ENTRANCE

**Troparion for the Resurrection in the Fourth Tone:** Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

**All: Troparion to St. Mark in the Fourth Tone:** From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labor of Christ the Savior. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow laborer and didst enlighten the world with thy holy Gospel.

**Priest: Kontakion of the Theotokos in the Second Tone:** O undisputed intercessor of Christians, the mediatrix unrejected by the Creator, turn not away from the voice of our petitions, though we be sinners. Come to us in time, who cry to thee in faith, with assistance; for thou art good. Hasten to us with intercessions, O Theotokos, who dost ever intercede for those who honor thee

+++++

**Prokeimenon** (Psalm 103.24, 1) Tone 4: O Lord, how magnificent are your works. You have made all things in wisdom. Bless the Lord, O my soul.

### **Reading from St. Paul's Letter to the Romans (10:1-0)**

Brethren, my heart's desire and prayer to God for them is that they may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that every one who has faith may be justified.

Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says, Do not say in your heart, "Who will ascend into heaven?" (That is, to bring Christ down) or "Who will descend into the abyss?" (That is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith, which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved.

**Alleluia Verses** (Psalms 44.4, 7) Tone 4: Draw your bow and prosper and reign, for the cause of truth and meekness and righteousness. You have loved righteousness and hated wickedness.

**Reading from the gospel according to St Matthew (8:28-9:1)**

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighborhood.

And getting into a boat he crossed over and came to his own city.

+++++

**Holy Oblations are offered today** by Charlotte & Michael Khoury for the soul of Charlotte's brother in law Nicholas Abdulkarim departed this life last week in Australia and for the soul of her sister Salwa departed this life 3 years, and by Juliana, Adella, Emile & Michael Tannous for her husband David on the occasion of his birthday, and by the Turk family for Ehab and Jamie on the occasion of their wedding anniversary.

**Coffee Hour is offered today by the coffee hour committee**

+++++

*Please remember in your prayers: Michael Debbas, Edward Deeb, Eleanor Wackeen, Tarek Fakhouri, Anton Turk, George Aldada (the elder), Adele Bahbah, and the suffering people of Syria, Iraq, Lebanon, Egypt, Libya, Ethiopia, Somalia, Palestine, Venezuela, Ukraine, and all people afflicted with disease and violence.*

**Ushers this week:** Sleiman Aldada & Gabriel Attallah

**Ushers next week:** Phillip Bahbah & Randy Dabbah

**Good Samaritan Fund**

Several years ago, St. Mark Church established a fund for assisting those in need, both within our parish and in the general community. From time to time we ask for contributions to the Good Samaritan Fund, and this is one of those times. If you are in need of assistance or you are aware of someone in our parish that needs financial assistance, please speak with Fr. Michael.

## **Church Etiquette**

- Please be on time for services; those arriving late should not approach the Chalice for Communion.
- To receive Communion, one must be a baptized/chrisdated Orthodox Christian who has prepared by prayer, fasting, alms giving, and regular confession.
- Confessions are heard on Wednesday and Saturday evenings after Great Vespers and during the week by appointment.
- Men, women, and children: please dress modestly for services.
- Please remove lip balm or lipstick before receiving Communion or kissing the holy icons, Chalice, or Gospel.

### **TO THE PARENTS OF OUR YOUNG CHILDREN**

- Relax! God put the wiggle in children; don't feel you have to suppress it in God's home. All are welcome!
- Sit toward the front where it is easier for your little ones to see and hear what's going on at the altar. They tire of seeing the back of others' heads.
- Quietly explain the actions of the Liturgy (what the priests, deacon, altar boys are doing)
- Sing the hymns and responses. Children learn how to worship in church by copying you.
- Incidental noise and movement are not reasons to take your child out of church. If a child's crying or movements become a distraction to others, then it is time to leave until they are calm.
- If you have to leave the church with your child, do so but please come back. Our Lord said, "Let the children come to me and forbid them not, for such is the Kingdom of Heaven."
  
- Remember that the way we welcome children in church directly affects the way they respond to the Church, to God, and one another. Let them know that they are at home in our house of worship.

### **TO THE MEMBERS OF OUR PARISH**

The presence of children is a gift to the Church and they are a reminder that our parish is growing!

Please welcome our children and give a little encouragement to their parents.

### **Today**

Please make sure to pick up the **New 2019 Church Directory** from the table in the hall by the bulletin board.

A new commercial refrigerator was delivered last week to replace the old one which had broken down.

We are missing 8 white round table cloths and 4 square ones (lace). If you have took them home to launder, please return them ASAP. Thank you.

**This Week**

**July 21 to 27, Archdiocese Convention, Grand Rapids, MI**

**Wednesday July 24, No Vespers (due to Archdiocese Convention)**

**Next week**

**Wednesday July 31, Evening Liturgy for Feast of the Procession of the Holy Cross, 6:30 p.m., preceded by Vesper and Orthros starting at 5:00 p.m.**

**Upcoming Services & Events**

**Saturday September 21 2019, We have booked the San Juan Hills Golf Club for our annual fundraiser. Please save the date**

**Sunday October 20, Parish Picnic. Please save the date.**

**BUY SCRIP**

Our Ladies Guild buys scrip from many and various stores and Restaurants (see list included in this Bulletin) at a 3 to 10% discount. When you buy the scrip, which is accepted just like cash at the issuing store, the Parish benefits. You pay no more for these goods and services and are making a donation to our parish. You can purchase this scrip from Saeda Turk at the coffee hour.

**Our Righteous Fathers John of Edessa in Mesopotamia; and Simeon of Homs (Emesa), the Fool-for-Christ. (July 21)**

Both men received the monastic tonsure at the hands of the Abbot Nikon in the Monastery of St. Gerasimos. They withdrew into the wilderness near the Dead Sea where they lived an austere life of asceticism for nearly thirty years. They mortified their bodies so much that they resembled two July 21, 2019 Orthros 13 Tone 4 / Eothion 5 withered trees. One day Simeon told John that, according to God's command, he must depart from the wilderness, go among the people and serve God there. John said to Simeon, "Pray to God for me, that He does not separate us, one from the other, in the future life." Simeon went among the people

of Homs, Syria as a "fool for Christ," to teach people and to convert them to the Faith of Christ. He pretended insanity before everyone but his heart was the temple of the Holy Spirit and, in that temple, was unceasing prayer. Simeon possessed abundant grace from God and was able to discern all the inner secrets of people, healing them from evil spirits and other ailments. Simeon came across a young fornicator who went out of his mind. Simeon struck him across the face with his hand and said: "Do not commit fornication." At that moment the unclean demon departed from the young man and he became well. Simeon reposed in 570; by the providence of God, John, who had remained in the wilderness, departed soon after.



TO HELP + CARE FOR

FOCUS NORTH AMERICA INC. 5010 W. 11TH AVENUE SUITE 200  
DENVER, CO 80202-3200 TEL: 303.733.1100 FAX: 303.733.1101

## Back to School Backpack Program ELEMENTARY SCHOOL LIST

Pencils (1 Box of 12)



Pencil Case (1)



Pens (1 Package of 4)



Folders (1-5)



Crayons (1 Box of 8)



Glue Stick (1 Package of 4)



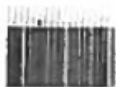
White Board Markers (1 Package of 4)



Binders (1-3)



Markers (1 Box of 12)



Ruler (1)



Colored Pencils (1 Box of 12)



Notebooks (1-3)



Index Cards (1 Pack of 3 1/2 x 5)

Eraser (1)



**Your student will be looking forward to the first day of school, thank you!**

If you would like to further assist your student with additional items such as nutritious meals, shoes, or haircuts please enclose a gift in addition to the \$10 requested for the cost of the backpack in the envelope provided. Gifts are tax deductible to the fullest extent of the law.



# Supper And Scripture

A MONTHLY DINNER FOR  
YOUNG ADULTS AIMED  
TOWARDS DISCUSSING TOPICS  
THAT MATTER.

*Coming August 22*

Contact Dn. Nick Mamey for Details:

(949)677-6642

---



# ESCAPE THE WORLD...

SAINT MARK YOUNG ADULT  
PILGRIMAGE TO SAINT BARBARA  
MONASTERY

## Sept 7

INFO/RSVP TO: DN. NICHOLAS MAMEY  
(949) 677-6642



# St Mark Antiochian Orthodox Church

## Disco & Dabke Night



### Tickets & Location

\$70 Per Person by Sept 8  
\$75 Per Person after Sept 8

**San Juan Hills Golf Club**  
*Providing a Beautiful Outdoor Evening Setting*  
32120 San Juan Creek Road  
San Juan Capistrano

### Dance

Bring your dancing shoes and enjoy  
the music of Disco Baller Band

### Dinner - 6 pm

Cocktails, Dinner & Dessert

### Questions?

Jerri Mamey,  
JerriLynn@mamey.net  
Rima Tarazi,  
Rimatarazi4@gmail.com  
Kyra Pelachik,  
hi-imKyra@yahoo.com  
Barbara Scholl,  
bscholl55@gmail.com or  
Paula Rodriguez,  
habebees@yahoo.com