

# **St. Mark Antiochian Orthodox Church**

**Self-ruled Antiochian Orthodox Christian Archdiocese, Diocese of the West**

17840 Sky Park Circle, Irvine CA 92614 (949) 851-8933

Church Office Hours: M-F, 9:30 am – 4:30 pm

Website: [www.st-mark-church.org](http://www.st-mark-church.org)

Archpriest Michael Laffoon, Priest Patrick Irish

Protodeacon George Moubayed, Sub Deacon Athanasius Fakhouri

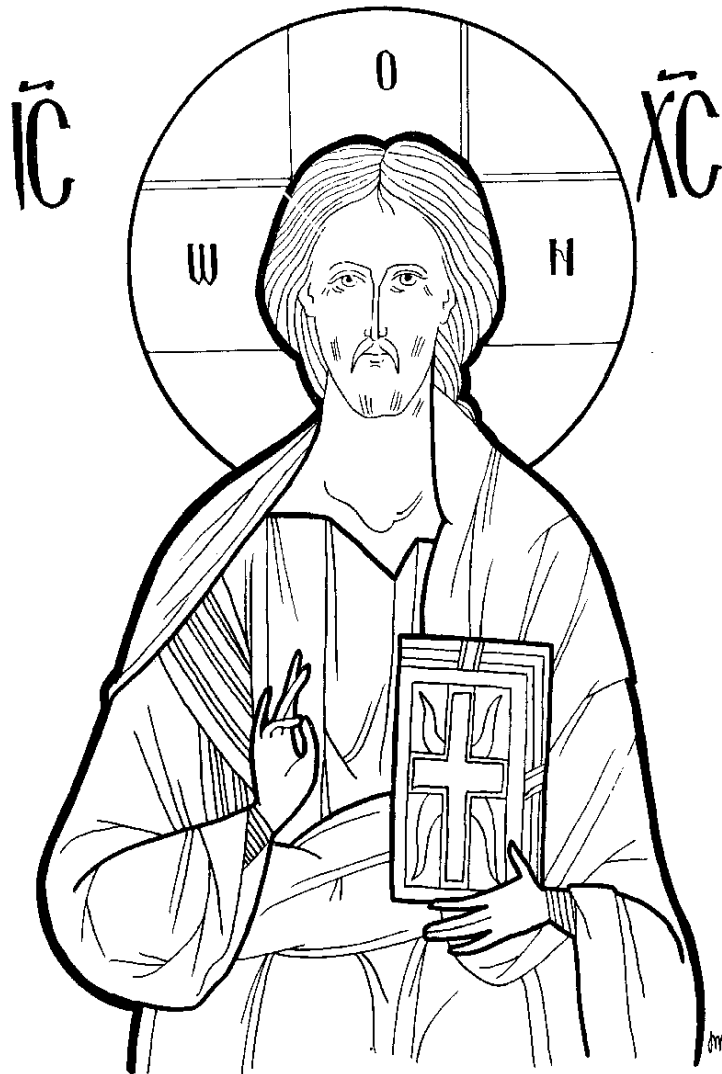
Choir Director Barbara Scholl

Chanters: Jacob Bahbah, Theresa Joubran, Mark Ellis,

Karim Youssef

Church Office Administrator: Lydia Wakileh

Teen Advisors: Paula Rodriguez and Dana Chade



**JUNE 17, 2018**

**3<sup>RD</sup> SUNDAY OF MATTHEW**

**MARTYRS ISAUROS AND THOSE WITH HIM OF ATHENS**

## HYMNS AFTER THE LITTLE ENTRANCE

**All: Troparion of the Resurrection the Second Tone:** When Thou didst submit Thyself unto death, O Thou deathless and Immortal One. Then Thou didst destroy hell with Thy Godly power; and when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ God, Thou Giver of life, glory to Thee.

**All: Troparion to St. Mark in the Fourth Tone:** From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labor of Christ the Savior. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow laborer and didst enlighten the world with thy holy Gospel.

**Kontakion of the Theotokos in the Second Tone:** O undisputed intercessor of Christians, the mediatrix unrejected by the Creator, turn not away from the voice of our petitions, though we be sinners. Come to us in time, who cry to thee in faith, with assistance; for thou art good. Hasten to us with intercessions, O Theotokos, who dost ever intercede for those who honor thee.

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**Prokeimenon (Psalm 117:14,18)** The Lord is my strength and my song. The Lord has chastened me sorely.

### **Reading from St. Paul's Letter to the Romans (5:1-11)**

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us.

While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man - though perhaps for a good man one will dare even to die. But God shows his love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by his blood, much more shall we be saved by him from the wrath of God. For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life. Not only so, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received our reconciliation.

**Alleluia Verses (Psalm 19:1, 9)** May the Lord hear you in the day of trouble. O Lord, save the king, and hear us when we call upon you.

**The Reading from the Holy Gospel according to St. Matthew (6:22-33)**

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is not sound, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! "

No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon.

"Therefore I tell you, do not be anxious about your life, what you shall eat or what you shall drink, nor about your body, what you shall put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O men of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows that you need them all. But seek first his kingdom and his righteousness, and all these things shall be yours as well.

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**Holy Oblations are offered today by Joe, Salwa, Andy & Nora Bahbah for Nicholas on his birthday; and blessings on all fathers, grandfathers and godfathers on the occasion of Father's Day today.**

A Fish Luncheon will be served today by the Antiochian Women of St. Mark honoring our fathers.

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*Please remember in your prayers: Michael Debbas, Eleanor Wackeen, Tarek Fakhouri, Seham Aldada, George Aldada (the elder), and the suffering people of Syria, Iraq, Lebanon, Egypt, Libya, Ethiopia, Somalia, Palestine, Venezuela, Ukraine, and all people afflicted with disease and violence.*

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**Ushers this week:** Nelson Mamey & Jimmy Goson

**Ushers next week:** Paul Habeeb & Jamal Sayegh

**Altar boys serving this week:** Andrew Khamis, Michael Yagham, Sebastian Skaff, Matthew Kalache, Adam Erdkamp, Dominic Benjamin

**Altar boys serving next week:** Jay Skaff, Nour Youssef, George Aldada, Efstathios Geronikilaou, John Hanouneh.

### **Quote from the Saints**

It is no mean contest to overcome one's bad habits, for custom, strengthened by enduring a long time, takes on the force of [second] nature.

*St. Basil the Great*

### **Good Samaritan Fund**

Several years ago, St. Mark Church established a fund for assisting those in need, both within our parish and in the general community. From time to time we ask for contributions to the Good Samaritan Fund, and this is one of those times. If you are in need of assistance or you are aware of someone in our parish that needs financial assistance, please speak with Fr. Michael.

### **Church Etiquette**

- Please be on time for services; those arriving late should not approach the Chalice for Communion.
- To receive Communion, one must be a baptized/chrisdated Orthodox Christian who has prepared by prayer, fasting, alms giving, and regular confession.
- Confessions are heard on Wednesday and Saturday evenings after Great Vespers and during the week by appointment.
- Men, women, and children: please dress modestly for services.
- Please remove lip balm or lipstick before receiving Communion or kissing the holy icons, Chalice, or Gospel.

### **TO THE PARENTS OF OUR YOUNG CHILDREN**

- Relax! God put the wiggle in children; don't feel you have to suppress it in God's home. All are welcome!
- Sit toward the front where it is easier for your little ones to see and hear what's going on at the altar. They tire of seeing the back of others' heads.
- Quietly explain the actions of the Liturgy (what the priests, deacon, altar boys are doing)
- Sing the hymns and responses. Children learn how to worship in church by copying you.

- Incidental noise and movement are not reasons to take your child out of church. If a child's crying or movements become a distraction to others, then it is time to leave until they are calm.
- If you have to leave the church with your child, do so but please come back. Our Lord said, "Let the children come to me and forbid them not, for such is the Kingdom of Heaven."
- Remember that the way we welcome children in church directly affects the way they respond to the Church, to God, and one another. Let them know that they are at home in our house of worship.

### TO THE MEMBERS OF OUR PARISH

The presence of children is a gift to the Church and they are a reminder that our parish is growing!

Please welcome our children and give a little encouragement to their parents.

#### Today

**Father's Day Fish Luncheon** is served by St. Mark Antiochian Women; fathers free of charge; mothers \$7 and children under 10 years old \$5

**Please remember to take your Sunday Bulletin** home, it will help you to remember the services and the events going on in your church. Please put the Liturgy book service back in the pocket when you are done using it. Thank you!

**Church Directory 2018** is available on the table by the bulletin board for the families who didn't get one. Your free will donation is appreciated.

**Apostles fast began on June 4.** *The Fast of the Holy Apostles is not as strict as the Fasts of Pascha and the Nativity of Christ; rather it is more lenient in its duration and rules. The current rules of fasting, during the Apostles' Fast, were established first for the monks of the Monastery of the Kiev Caves by Metropolitan George of Kiev (1069-1072). These rules are still practiced today amongst most Orthodox Christians with minor variations, depending on the jurisdiction.*

*The rules are:*

*1- Red meat, poultry, and dairy products are not allowed during the entire fasting period in all weekdays.*

*2- Fish, wine, and oil are allowed on all days except on Wednesdays and Fridays*

**This Week**

**Tuesday June 19**, 6:30 pm. Adult Education: What Happens When We Die? Lenten Pot-luck dinner, followed by presentation and discussion.

**Wednesday June 20**, Vespers at 6:30 p.m. and **Parish Council Meeting at 7:15 p.m.**

**Next week**

**Wednesday June 27**, No Vespers (Fr. Michael is traveling)

**Upcoming Services & Events**

**Thursday June 28**, Evening Liturgy for the Feast of Sts. Peter and Paul at 6:30 pm

**Saturday June 30**, Antiochian Women's Brunch

**Diocese Of Los Angeles & The West 66<sup>th</sup> Annual Parish Life Conference**

Hosted by: St. George Church; Portland, OR Red Lion on the River, Jantzen Beach – **July 4 – 8, 2018**. Please see Registration Form and Souvenir Journal Order Form on the table by the bulletin board in the church hall.

We are trying to form a **Grief Support Group** for adults dealing with loss. The proposed meeting day/time is Saturdays 11:00 a.m. to Noon. Please contact Tammy Qutami if you would like to participate, or have questions: (714) 322-2954 or [tammyrq3@gmail.com](mailto:tammyrq3@gmail.com).

**St. Nichols Summer Camp sign-ups are now open!**

Session 1: **July 15 - 21**

Session 2: **July 22 - 28**

Session 3: **July 29 - Aug 4**

**All parents with children from 8-18years of age are encouraged to sign them up at [Campstnicholas.com](http://Campstnicholas.com) to sign your kids up!** The kids make friends and memories that will last a lifetime while learning about their faith!

**Orange County Forum**

A place for Orthodox Christian young adults in the OC area, married and single, to have fellowship, fun and engage in social and service activities. This group serves to foster the unity of faith, love and friendship between the Orthodox young adults

in the community with discussion, speakers and fun social events. Join our Facebook group at <http://www.facebook.com/groups/OrangeCountyForum> for a list of scheduled events and more information.

### **BUY SCRIP**

Our Ladies Guild buys scrip from many and various stores and Restaurants (see list included in this Bulletin) at a 3 to 10% discount. When you buy the scrip, which is accepted just like cash at the issuing store, the Parish benefits. You pay no more for these goods and services and are making a donation to our parish. You can purchase this scrip from Saeda Turk at the coffee hour.

### **Holy Martyrs Isauros, Basil & Innocernt and those with them.**

The holy Martyrs Isaurus, a deacon, and Basil and Innocent were from Athens. In the reign of Numerian (283-284), they came to Apollonia (most likely, the city in Illyricum); there encountering Felix, Peregrinus, and Hermias hidden in a cave, they strengthened them in their Faith. Betrayed to Tripontius the Proconsul, all but Isaurus and Innocent were beheaded; these last two Tripontius gave over to his son, Apollonius, who tormented them, and then had them beheaded.