

## **St. Mark Antiochian Orthodox Church**

**Antiochian Orthodox Christian Archdiocese, Diocese of the West**

17840 Sky Park Circle, Irvine CA 92614 (949) 851-8933

Church Office Hours: M-F, 9:30 am – 4:30 pm

Website: [www.st-mark-church.org](http://www.st-mark-church.org)

Archpriest Michael Laffoon, Priest Patrick Irish

Protodeacon George Moubayed, Sub Deacon Athanasius Fakhouri

Choir Director Barbara Scholl

Chanters: Jacob Bahbah, Theresa Joubran, Mark Ellis,  
Karim Youssef

Church Office Administrator: Lydia Wakileh

Teen Advisors: Paula Rodriguez and Dana Chade

*Sunday Schedule: Orthros (Matins) & Confessions 8:45 a.m.*

*Divine Liturgy 10:00 a.m.*

*Church School after Holy Communion*



**October 29, 2017**

**VENERABLE MARTYR ANASTASIA THE ROMAN**

## HYMNS AFTER THE LITTLE ENTRANCE

**Troparion of Resurrection in the Fourth Tone:** Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation and proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

All: **Troparion of St. Mark in the Fourth Tone:** From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labor of Christ the Savior. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow laborer and didst enlighten the world with thy holy Gospel.

**Kontakion of the Theotokos in the Second Tone:** O protection of Christians that cannot be put to shame, mediation unto the Creator most constant: O despise not the suppliant voices of those who have sinned, but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

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**Prokeimenon** (Psalm 103.24, 1) O Lord, how magnificent are your works. You have made all things in wisdom. Bless the Lord, O my soul.

### **Section from the Epistle of St. Paul to the Galatians (2:16-20)**

Brethren, you know that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

**Alleluia Verses** (Psalm 30.1, 2.) Tone: It is good to give thanks unto the Lord. To proclaim your mercy in the morning and your truth by night.

### **The reading from the Holy Gospel according to St. Luke (8:41-56)**

At that time, there came to Jesus a man named Ja'irus, who was a ruler of the synagogue; and falling at Jesus' feet, he besought him to come to his house, for he

had an only daughter, about twelve years of age, and she was dying. As Jesus went, the people pressed round him. And a woman who had had a flow of blood for twelve years, and had spent all her living upon physicians, and could not be healed by any one, came up behind him, and touched the fringe of his garment; and immediately her flow of blood ceased. And Jesus said, "Who was it that touched me?" When all denied it, Peter said, "Master, the multitudes surround you and press upon you, and you say, 'Who touched me?' " But Jesus said, "Some one touched me; for I perceive that power has gone forth from me." And when the woman saw that she was not hidden, she came trembling, and falling down before him declared in the presence of all the people why she had touched him, and how she had been immediately healed. And Jesus said to her, "Daughter, your faith has made you well; go in peace."

While Jesus was speaking, a man from the ruler's house came and said, "Your daughter is dead; do not trouble the teacher any more." But Jesus on hearing this answered him, "Do not fear; only believe, and she shall be well." And when Jesus came to the house, he permitted no one to enter with him, except Peter and James and John, and the father and mother of the child. And all were weeping and bewailing her; but Jesus said, "Do not weep; for she is not dead but sleeping." And they laughed at him. Knowing that she was dead. But taking her by the hand Jesus called, saying, "Child, arise." And her spirit returned, and she got up at once; and Jesus directed that something should be given her to eat. And her parents were amazed; but he charged them to tell no one what had happened.

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**Holy Oblations are offered today by** Kristin, George, Christopher & Alexandra Chala for husband and father George Chala on the occasion of his birthday and for our Godson Dimitry Kumar on his birthday

**In lieu of Coffee Hour,** the Teens are hosting a delicious Mexican Halloween luncheon. Cost: \$5.00 per person (Children 5 & under are free)  
After the luncheon is served we will have a Halloween piñata for the youngsters.

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***Please remember in your prayers: Michael Debbas, Reham Turk, Darlyne Dibs, Nuha Qushair, Eleanor Wackeen, Georgette Salameh, June Anter, Fr. Wayne Wilson, Kh. Lynn Wilson, Kh. Katherine Tsichlis, Shamesi Joanne Townsend, Tarek Fakhouri, Caren Deeb and the suffering people of Mexico, Puerto Rico, Syria, Iraq, Lebanon, Egypt, Libya, Ethiopia, Somalia, Palestine, Venezuela, Ukraine, and all people afflicted with disease and violence.***

October is Youth Month in our Archdiocese. During the Sundays of October, members of our Teen SOYO will read the Epistles, and assist in ushering.

**This week's Teen ushers:**

**Greeters:** Anabella Mashey, Rachel Mashey, Marianne Hanouneh, Sami Skaff, Alex Munayyer, Amanda Khoury.

**Collection:** Merolla Youssef, Andrew Bahbah, Christina Habeeb, Nicholas Habeeb, Diana Aldada.

**Communion:** Nadim Youssef, Nour Youssef, Jessica Alchammas

**Dismissal:** Paul Habeeb, Andrew Bahbah

**This week's Epistle reader:** Youssef Youssef

**Next week ushers:** Sleiman Aldada & Sam Kishek

**Altar boys serving this week:** Sammy Khamis, Andrew Azzam, George Bahbah

**Altar boys serving next week:** Noah Fortuna, Daniel Attalah, Connor Wilde, George Aldada.

**Quote from the Saints**

Would you not say, Is not that which is best, above all, and surpassing all, and that which by preference is most worthy of love, the Very Lord, our Jesus Christ, who created us, adorned us with such ideals, gave life to all, sustains everything, nurtures and loves all, who is Himself Love and most beautiful of all men?

Should we not then love God above every thing, desire Him more than anything, and search Him out?'

*St. Herman of Alaska*

**Good Samaritan Fund**

Several years ago, St. Mark Church established a fund for assisting those in need, both within our parish and in the general community. From time to time we ask for contributions to the Good Samaritan Fund, and this is one of those times. If you are in need of assistance or you are aware of someone in our parish that needs financial assistance, please speak with Fr. Michael.

**Church Etiquette**

- Please be on time for services; those arriving late should not approach the Chalice for Communion.
- To receive Communion, one must be a baptized/chrisdated Orthodox Christian who has prepared by prayer, fasting, alms giving, and regular confession.
- Confessions are heard on Wednesday and Saturday evenings after Great Vespers and during the week by appointment.
- Men, women, and children: please dress modestly for services.

- Please remove lip balm or lipstick before receiving Communion or kissing the holy icons, Chalice, or Gospel.

### TO THE PARENTS OF OUR YOUNG CHILDREN

- Relax! God put the wiggle in children; don't feel you have to suppress it in God's home. All are welcome!
- Sit toward the front where it is easier for your little ones to see and hear what's going on at the altar. They tire of seeing the back of others' heads.
- Quietly explain the actions of the Liturgy (what the priests, deacon, altar boys are doing)
- Sing the hymns and responses. Children learn how to worship in church by copying you.
- Incidental noise and movement are not reasons to take your child out of church. If a child's crying or movements become a distraction to others, then it is time to leave until they are calm.
- If you have to leave the church with your child, do so but please come back. Our Lord said, "Let the children come to me and forbid them not, for such is the Kingdom of Heaven."
- Remember that the way we welcome children in church directly affects the way they respond to the Church, to God, and one another. Let them know that they are at home in our house of worship.

### TO THE MEMBERS OF OUR PARISH

The presence of children is a gift to the Church and they are a reminder that our parish is growing!

Please welcome our children and give a little encouragement to their parents.

### Today

**Join the Teens for a delicious Mexican Halloween luncheon! No "tricks...Just treats."**

We are sad to share with you news of the passing of Samira Attalla's brother, Michael Nakad, in Lebanon. She will be receiving condolences today at her home (3107 Sumatra Pl., Costa Mesa CA 92626) from 2:00 p.m. to 4:00 p.m.

May his memory be eternal and my God grant you long life!

**From the church office**

**Please, we need your help today after church to bag all food, beverages, etc. in the kitchen before a fumigation that the church will have on Monday (tomorrow).**

**The church will be closed for all day Monday and Tuesday and on Wednesday until 1:00 pm.**

**All food or chips in the class rooms need to be bagged, so church school teachers please make sure you bag any snacks you have in your class rooms.**

**Flowers...** add color and beauty to the church. When our iconostasis was designed we included flower boxes in front of the icons. Thank you to Leo Chade, Gisele Awayjan, Michael & Theresa Joubran, and others for bringing plants and cut flowers to place there. Perhaps you would consider donating flowers as well. Two rules of thumb: We do not want flowers or plants on the floor of the solea (the raised area in front of the iconostasis) and please keep the size of the flowers/plants reasonable so as not to obscure the holy icons.

**Today we will install our Teen SOYO officers for 2017-18:**

Co-Presidents: Christina Habeeb, Marianne Hanouneh

Vice-Presidents: Jillian Goson, Nadim Youssef, Youssef Youssef

Treasurer: Diana Aldada

Secretary: Amanda Khoury

Public Relations: Rachel Mahshie

Historians: Yasmeeen Rizkallah, Lylac Joellson, Merolla Youssef

8th Grade Representative: Andrew Hanouneh Rachel Ranney

7th Grade Representative: Nour Youssef, Nicholas Habeeb

**Please remember to take your Sunday Bulletin** with you home, it will help you to remember the services and the events going on in your church. Please put the Liturgy book service back in the pocket when you are done using it. Thank you!

### **Life Touch Photo Directory**

#### **Need help connecting names and faces?**

Good news, we are doing a new pictorial directory, our last one is 4 years old, a bit out of date. Photography will take place **November 5<sup>th</sup> (Sunday) & 6<sup>th</sup> (Monday)** and 7th (**Tuesday**) in our parish hall. You can **Sign up today** during the coffee hour with Lydia at the table set up at the hall, or you can go to our church website [www.st-mark-church.org](http://www.st-mark-church.org) and schedule your appointment anytime.

**Note: All the Sunday appointments have been filled. Please consider Monday or Tuesday if you who have not scheduled your appointment.**

### **This Week**

**Wednesday November 1, 6:30 p.m. Vespers**

**Saturday November 4, Annual Food and Wine Tasting** at our church hall. Please reserve with Gisele Awayjan today and see flyer for more information.

*Next week*

**Sunday November 5, Daylight Saving Time ends; The Church School is sponsoring the coffee hour that day to support our Mission Priest.**

**Tuesday November 7, 6:30 p.m.** New Adult Education series: Journey to Fullness. Our program is as follows: Pot-luck dinner, Video presentation, and discussion.

**Wednesday November 8,** Liturgy 10:00 am for Archangel Michael and Gabriel; (Orthros 9:00 a.m.)

**Thursday November 9,** Antiochian Women potluck meeting at 6:30 pm

*Upcoming Services & Events*

**Sunday November 12,** Pre Thanksgiving Lunch served by our Antiochian women of St. Mark. Please see flyer included for more details

**Wednesday November 15,** Start of Advent

**St. Mark Church Blood Drive, January 21, 2018.** Please save the date, invite family and friends. Thanks for saving lives.

**2018 Sweetheart Ball: Prospective Debutantes and Parents**

The Ladies' Society of St. Nicholas Orthodox Christian Cathedral is now preparing to host the 56th Sweetheart Ball to be held on Saturday, April 14, 2018, at the Universal Hilton Hotel.

Your experience as a debutante will be most memorable, filled with a variety of activities! Nothing would give us greater pleasure than to share this amazing experience with you this coming year. Debutantes must be at least 15 years old by October 1, 2017.

If you are interested in becoming a debutante in the Sweetheart Ball please email or call me as soon as possible. The deadline to sign up is October 15th, 2017.

Much Love,

Caren Deeb Kouri [auntylulu@aol.com](mailto:auntylulu@aol.com) (818-399-8899)

**Arabic Lessons at our Church**

**Lilian Zeidan** is offering Arabic Lessons. The lessons are after Church School on Sunday at 12:00 noon for kids up to 7 years old, and from 1- 3 pm for adults. If you are interested please call Lilian Zeidan at 714-721-4148 or email her at [lilianzeidan@yahoo.com](mailto:lilianzeidan@yahoo.com)

## **Orange County Forum**

A place for Orthodox Christian young adults in the OC area, married and single, to have fellowship, fun and engage in social and service activities. This group serves to foster the unity of faith, love and friendship between the Orthodox young adults in the community with discussion, speakers and fun social events. Join our Facebook group at <http://www.facebook.com/groups/OrangeCountyForum> for a list of scheduled events and more information. Our next meeting is Tuesday November 7 at St. Mark Church.

### **BUY SCRIP**

Our Ladies Guild buys scrip from many and various stores and restaurants (see list included in this Bulletin) at a 3 to 10% discount. When you buy the scrip, which is accepted just like cash at the issuing store, the Parish benefits. You pay no more for these goods and services and are making a donation to our parish. You can purchase this scrip from Saeda Turk at the coffee hour.

### **Holy Marty Anastasia of Rome (October 29)**

The Martyr Anastasia the Roman lost her parents in infancy, and was then taken to be reared by the abbess of a women's monastery, named Sophia. She raised Anastasia in fervent faith, in the fear of God and obedience.

The persecution against Christians by the emperor Decius (249-251) began at that time. The city administrator, Probus, on the orders of the emperor commanded that Anastasia be brought to him. Blessed by her abbess to suffer for Christ, the young martyr Anastasia humbly came out to meet the armed soldiers. Seeing her youth and beauty, Probus first attempted flattery to make her deny Christ.

“Why waste your youth, deprived of pleasure? What is there to gain by enduring tortures and death for the Crucified? Worship our gods, marry a handsome husband, and live in glory and honor.”

The saint steadfastly replied, “My spouse, my riches, my life and my happiness are my Lord Jesus Christ, and you will not turn me away from Him by your deceit!”

Probus subjected Anastasia to fierce tortures. The holy martyr bravely endured them, glorifying and praising the Lord. In anger the torturers cut out her tongue.

The people, seeing the inhuman and disgusting treatment of the saint, became indignant, and the ruler was compelled to end the tortures by beheading the martyr. In this manner, Saint Anastasia received the crown of martyrdom.

The body of the saint was thrown out beyond the city to be eaten by wild animals, but the Lord did not permit her holy relics to be dishonored. At the command of a holy angel, Abbess Sophia went to find Saint Anastasia's mutilated body. With the help of two Christians, she buried it in the earth.