

# **St. Mark Antiochian Orthodox Church**

**Self-ruled Antiochian Orthodox Christian Archdiocese, Diocese of the West**

17840 Sky Park Circle, Irvine CA 92614 (949) 851-8933

Church Office Hours: M-F, 9:30 am – 4:30 pm

Website: [www.st-mark-church.org](http://www.st-mark-church.org)

Archpriest Michael Laffoon, Priest Patrick Irish

Protodeacon George Moubayed, Sub Deacon Athanasius Fakhouri

Choir Director Barbara Scholl

Chanters: Jacob Bahbah, Theresa Joubran, Mark Ellis,

Karim Youssef

Church Office Administrator: Lydia Wakileh

Teen Advisors: Paula Rodriguez and Dana Chade

*Sunday Schedule: Orthros (Matins) & Confessions 8:45 a.m.*

*Divine Liturgy 10:00 a.m.*



**July 9, 2017**

**FIFTH SUNDAY AFTER PENTECOST**

**HIEROMARTYR PANKRATIOS, BISHOP OF TAORMINA IN SICILY**

## HYMNS AFTER THE LITTLE ENTRANCE

**Troparion of the Resurrection in the Fourth Tone:** Having learned the joyful message of the Resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation, and proudly broke the news to the Disciples, saying: Death hath been spoiled. Christ God is risen, granting the world great mercy.

**All: Troparion to St. Mark in the Fourth Tone:** From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labor of Christ the Savior. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow laborer and didst enlighten the world with thy holy Gospel.

**Kontakion of the Theotokos in the Second Tone:** O undisputed intercessor of Christians, the mediatrix unrejected by the Creator, turn not away from the voice of our petitions, though we be sinners. Come to us in time, who cry to thee in faith, with assistance; for thou art good. Hasten to us with intercessions, O Theotokos, who dost ever intercede for those who honor thee.

**Prokeimenon** (Psalm 103.24,1) Tone 4: O Lord, how magnificent are your works. You have made all things in wisdom. Bless the Lord, O my soul.

### **Reading from St. Paul's Letter to the Romans (10:1-0)**

Brethren, my heart's desire and prayer to God for them is that they may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that every one who has faith may be justified.

Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says, Do not say in your heart, "Who will ascend into heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (That is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith, which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved.

**Alleluia Verses** (Psalms 44.4, 7) Tone 4: Draw your bow and prosper and reign, for the cause of truth and meekness and righteousness. You have loved righteousness and hated wickedness.

**Reading from the gospel according to St Matthew (8:28-9:1)**

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighborhood.

And getting into a boat he crossed over and came to his own city.

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**Holy Oblations are offered today** by Austin & Saeda Turk for their daughter Stephanie on the occasion of her birthday 7/11, and by Ibrahim, Lydia, Charlie, & Michael for Christopher on the occasion of his birthday 7/13.

**Coffee Hour is given today by the coffee hour committee.**

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*Please remember in your prayers: Michael Debbas, Reham Turk, Maha Kureh, Darlyne Dibs, Eleanor Wackeen, Georgette Salameh, June Anter, Kh. Lynn Wilson, Kh. Katherine Tsuchlis, Tarek Fakhouri, and the suffering people of Syria, Iraq, Lebanon, Egypt, Libya, Ethiopia, Somalia, Palestine, Venezuela, Ukraine, and all people afflicted with disease and violence.*

**Ushers this week:** Sam Munayyer and Wael Kashou  
**Ushers next week:** Marwan Dabit & Gabriel Attallah  
**Altar boys serving this week:** Samir Khamis, Joseph Attallah, Andrew Bahbah.  
**Altar boys serving next week:** Andrew Khamis, Alex Turk, Jay Skaff, Paul Rodriguez.

**Quote from the Saints**

If there is any rest for us in this world, then it consists only in purity of the conscience and patience. This is a harbor for us who sail upon the sea of life....  
*St. Tikhon of Zadonsk*

**Good Samaritan Fund**

Several years ago, St. Mark Church established a fund for assisting those in need, both within our parish and in the general community. From time to time we ask for contributions to the Good Samaritan Fund, and this is one of those times. If you

are in need of assistance or you are aware of someone in our parish that needs financial assistance, please speak with Fr. Michael.

### **Church Etiquette**

- Please be on time for services; those arriving late should not approach the Chalice for Communion.
- To receive Communion, one must be a baptized/chrisdated Orthodox Christian who has prepared by prayer, fasting, alms giving, and regular confession.
- Confessions are heard on Wednesday and Saturday evenings after Great Vespers and during the week by appointment.
- Men, women, and children: please dress modestly for services.
- Please remove lip balm or lipstick before receiving Communion or kissing the holy icons, Chalice, or Gospel.

### **TO THE PARENTS OF OUR YOUNG CHILDREN**

- Relax! God put the wiggle in children; don't feel you have to suppress it in God's home. All are welcome!
- Sit toward the front where it is easier for your little ones to see and hear what's going on at the altar. They tire of seeing the back of others' heads.
- Quietly explain the actions of the Liturgy (what the priests, deacon, altar boys are doing)
- Sing the hymns and responses. Children learn how to worship in church by copying you.
- Incidental noise and movement are not reasons to take your child out of church. If a child's crying or movements become a distraction to others, then it is time to leave until they are calm.
- If you have to leave the church with your child, do so but please come back. Our Lord said, "Let the children come to me and forbid them not, for such is the Kingdom of Heaven."
- Remember that the way we welcome children in church directly affects the way they respond to the Church, to God, and one another. Let them know that they are at home in our house of worship.

### **TO THE MEMBERS OF OUR PARISH**

The presence of children is a gift to the Church and they are a reminder that our parish is growing!

Please welcome our children and give a little encouragement to their parents.

### Today

You should have noticed our three new icon stands in the Narthex, newly arrived from Greece. Thanks to Tammy Qutami for donating the first of these. Haitham Hanna and Sahar Barjoud are donating a second stand. The third stand was donated anonymously. Thanks and Blessings on all donors! Fr Michael.

**Please remember to take your Sunday Bulletin** with you home, it will help you to remember the services and the events going on in your church. Please put the Liturgy book service back in the pocket when you are done using it. Thank you!

The church is missing over 10 **white round table clothes**, please bring them in if you still have them and forgot to bring them back. Also we are missing five of the **Ladies Purple Aprons** which have the Ladies Logo on them. If you took them to wash them and forgot to bring them back please return them now. Thank you!

**Lost & Found:** There are two eye glasses at the office; one is plastic pinkish frame and the other one grey or black metal frame. See Lydia if it belongs to you. Thanks

### This Week

**Wednesday July 12**, Vespers 6:30 p.m.

### Next week

**Sunday July 16**, Parish Council Meeting

**Wednesday July 19**, Vespers 6:30 p.m.

### Upcoming Services & Events

**53<sup>rd</sup> Biennial Archdiocese Convention.** Hosted by: **St. George Cathedral, Coral Gables, Florida – July 23-30 2017.** Event registration form is included in this bulletin.

St. Nicholas Summer Camp sign-ups are now open!

Session 1: **July 16th-22nd**

Session 2: **July 23rd-29th**

Session 3: **July 30th-Aug. 5<sup>th</sup>**

**All parents with children from 8-18years of age are encouraged to sign them up at [Campstnicholas.com](http://Campstnicholas.com) to sign your kids up!** The kids make friends and memories that will last a lifetime while learning about their faith!

**Orthodox Christian Mission Center Opportunities for mission work.** Empower youth and teens in countries where youth ministry is emerging and opportunities for youth leadership exist. Orthodox Mission Teams to Alaska, Kenya, and Albania will offer programs for students and adult leaders, giving them the opportunity to develop vision for their youth groups, as well teach the Biblical basics of youth ministry and what it means to be a leader. These teams will model servant leadership by assisting in small groups, recreation, and worship. OCMC invites you to join these opportunities in youth ministry. For more information, please visit [www.ocmc.org](http://www.ocmc.org), e-mail [teams@ocmc.org](mailto:teams@ocmc.org), or call 1-877 GO FORTH (ext 141).

### **Arabic Lessons at our Church**

**Lilian Zeidan** is offering Arabic Lessons for ages Kindergarten to High school. The lessons are after Church School on Sunday at 12:00 noon for kids up to 7 years old, and from 1- 3 pm for adults. If you are interested please call Lilian Zeidan at 714-721-4148 or email her at [lilianzeidan@yahoo.com](mailto:lilianzeidan@yahoo.com)

### **Orange County Forum**

A place for Orthodox Christian young adults in the OC area, married and single, to have fellowship, fun and engage in social and service activities. This group serves to foster the unity of faith, love and friendship between the Orthodox young adults in the community with discussion, speakers and fun social events. Join our Facebook group at <http://www.facebook.com/groups/OrangeCountyForum> for a list of scheduled events and more information. We meet the 2nd and 4th Tuesdays at St. Paul's Greek Orthodox Church in Irvine starting at 6:30pm.

### **BUY SCRIP**

Our Ladies Guild buys scrip from many and various stores and Restaurants (see list included in this Bulletin) at a 3 to 10% discount. When you buy the scrip, which is accepted just like cash at the issuing store, the Parish benefits. You pay no more for these goods and services and are making a donation to our parish. You can purchase this scrip from Saeda Turk at the coffee hour.

### **Hieromartyr Panrcatius, bishop of Taormina, Sicily (July 9)**

The Hieromartyr Pancratius, Bishop of Taormina, was born when our Lord Jesus Christ yet lived upon the earth.

The parents of Pancratius were natives of Antioch. Hearing the good news of Jesus Christ, Pancratius' father took his young son with him and went to Jerusalem in order to see the great Teacher for himself. The miracles astonished him, and when he heard the divine teaching, he then believed in Christ as the Son of God. He became close with the disciples of the Lord, especially with the holy Apostle Peter. It was during this period that young Pancratius got to know the holy Apostle Peter.

After the Ascension of the Savior, one of the Apostles came to Antioch and baptized the parents of Pancratius together with all their household. When the parents of Pancratius died, he left behind his inherited possessions and went to Pontus and began to live in a cave, spending his days in prayer and deep spiritual contemplation. The holy Apostle Peter, while passing through those parts, visited Pancratius at Pontus. He took him along to Antioch, and then to Sicily, where the holy Apostle Paul then was. There the holy Apostles Peter and Paul made Saint Pancratius Bishop of Taormina in Sicily.

Saint Pancratius toiled zealously for the Christian enlightenment of the people. In a single month he built a church where he celebrated divine services. The number of believers quickly grew, and soon almost all the people of Taormina and the surrounding cities accepted the Christian Faith.

Saint Pancratius governed his flock peacefully for many years. However, pagans plotted against the saint, and seizing an appropriate moment, they fell upon him and stoned him. Thus, Saint Pancratius ended his life as a martyr.

The saint's relics are in the church named for him in Rome. He is also commemorated on February 9.