

# **St. Mark Antiochian Orthodox Church**

**Self-ruled Antiochian Orthodox Christian Archdiocese, Diocese of the West**

17840 Sky Park Circle, Irvine CA 92614 (949) 851-8933

Church Office Hours: M-F, 9:30 am – 4:30 pm

Website: [www.st-mark-church.org](http://www.st-mark-church.org)

Archpriest Michael Laffoon, Priest Patrick Irish

Protodeacon George Moubayed, Sub Deacon Athanasius Fakhouri

Choir Director Barbara Scholl

Chanters: Jacob Bahbah, Theresa Joubran, Mark Ellis,

Karim Youssef

Church Office Administrator: Lydia Wakileh

Teen Advisors: Paula Rodriguez and Dana Chade

المسيح قام! حقاً قام!

## **CHRIST IS RISEN**

Jesus appears to the

Myrrh-bearing Women



**APRIL 30, 2017**

**SUNDAY OF THE MYRRH-BEARING WOMEN**

## DURING THE LITTLE ENTRANCE

**Troparion of the Feast** Tone 5: Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life.

Arabic: Al-ma-sih qam min bai-ni l-am-wat, wa-wa-ti-a l-mowt bil-mowt, wa-wa-ha-ba l-hayah, lil-la-dhi-na fi l-qu-bur (sung alternately with Psalm verses in between).

## THE PASCHAL ENTRANCE HYMN

Priest: In the gathering places bless ye God the Lord from the springs of Israel.

People: Save us O Son of God, Who art risen from the dead, who sing to Thee, Alleluia.

## HYMNS AFTER THE LITTLE ENTRANCE

All: **Troparion of the Resurrection in the Second Tone**: When Thou didst submit Thyself unto death, O Thou deathless and immortal one, then Thou didst destroy Hell with Thy Godly power, and when Thou didst raise the dead from beneath the earth, all the powers of heaven did cry aloud unto Thee, O Christ Thou giver of Life glory to Thee. (*Repeated in Arabic*)

Choir: **Troparia of the Myrrh-bearers in the Second Tone**: The pious Joseph, having brought down thy pure body from the Tree, wrapped it in fine linen, embalmed it with ointment, provided for it, and laid it in a new tomb. But thou didst verily rise, after three days, O Lord, granting the world the Great Mercy.

Verily, the angel came to the tomb and said to the ointment-bearing women: The ointment is meet for the dead, but Christ is shown to be remote from corruption. But cry ye: The Lord is risen, granting the world the great mercy.

**Troparion to St. Mark in the Fourth Tone**: From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labor of Christ the Savior. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow laborer and didst enlighten the world with thy holy Gospel.

**Kontakion of Pascha in the Eighth Tone**: Down to the grave though thou wentest immortal Lord. Yet didst thou there hurl down death by thy throne of might and art risen with vict'ry crowned, O Christ our true God; And hast hailed with glad greeting the women that came with myrrh; And unto thine Apostles hast graciously sent thy peace, O Lord that grantest the fallen to rise with thee.

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**Prokeimenon** (Psalm 117:14,18) The Lord is my strength and my song. The Lord has chastened me sorely.

## **The reading from the Acts of the Apostles (6:1-7)**

In those days, the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolaus, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

**Alleluia Verses** (Psalm 19:1, 9) May the Lord hear you in the day of trouble. O Lord, save the king, and hear us when we call upon you.

## **The Reading from the Holy Gospel according to St. Mark (15:43-47 16:1-8)**

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of James saw where he was laid.

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; -- it was very large.

And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out

and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to any one, for they were afraid.

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**OTHER CHANGES FOR SUNDAY OF THE MYRRH BEARING WOMEN**

Instead of "It is truly meet...", the choir will sing: The Megalyrnation of Pascha, "The Angel cried to the Lady..."

Communion Hymn: "Receive ye the body of Christ and taste and see him that is found deathless." replaces "Praise ye the Lord..."

Instead of "We have seen the true light, we sing "Christ is risen..."

Note: During the Paschal season, for the Communion of the people, we sing the Troparion of Pascha in various languages.

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**Holy Oblations are offered by** Barbara Scholl for her mother Mary Dibs on the occasion of her birthday. We also remember the soul of Fr Roman Braga (departed this life 2 years), a confessor for the faith in Communist Romania, who emigrated to the US, pastored two parishes and served as chaplain to two women's monasteries, Holy Transfiguration (Pennsylvania) and Holy Dormition (Michigan).

**The Coffee Hour today is given by the Coffee Hour Committee**

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*Please remember in your prayers: Michael Debbas, Reham Turk, Maha Kureh, Darlyne Dibs, Eleanor Wackeen, Georgette Salameh, June Anter, Kh. Lynn Wilson, Tarek Fakhouri, and the suffering people of Syria, Iraq, Lebanon, Egypt, Libya, Ethiopia, Somalia, Palestine, Venezuela, Ukraine, and all people afflicted with disease and violence.*

<p><b>Ushers this week:</b> Sam Munayyer, Wael Kashou</p> <p><b>Ushers next week:</b> Marwwan Dabit, Gabriel Attalah</p> <p><b>Altar boys serving this week:</b> Peter Williams, Nicholas Bahou, Youssef Youssef</p> <p><b>Altar boys serving next week:</b> James Dabbah, Nadim Youssef, Matthew Dabbah</p>
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**Quote from the Saints**

"Christ is our hope, our cleansing and sanctification, our resurrection, life, and repose. He alone is what we all need, and therefore, the Church constantly pronounces these words aloud so that we may hear them during the Holy Services of the Church, and be constantly renewed." -- St. John of Kronstadt

## **Good Samaritan Fund**

Several years ago, St. Mark Church established a fund for assisting those in need, both within our parish and in the general community. From time to time we ask for contributions to the Good Samaritan Fund, and this is one of those times. If you are in need of assistance or you are aware of someone in our parish that needs financial assistance, please speak with Fr. Michael.

## **Church Etiquette**

- Please be on time for services; those arriving late should not approach the Chalice for Communion.
- To receive Communion, one must be a baptized/christened Orthodox Christian who has prepared by prayer, fasting, alms giving, and regular confession.
- Confessions are heard on Wednesday and Saturday evenings after Great Vespers and during the week by appointment.
- Men, women, and children: please dress modestly for services.
- Please remove lip balm or lipstick before receiving Communion or kissing the holy icons, Chalice, or Gospel.

## **TO THE PARENTS OF OUR YOUNG CHILDREN**

- Relax! God put the wiggle in children; don't feel you have to suppress it in God's home. All are welcome!
- Sit toward the front where it is easier for your little ones to see and hear what's going on at the altar. They tire of seeing the back of others' heads.
- Quietly explain the actions of the Liturgy (what the priests, deacon, altar boys are doing)
- Sing the hymns and responses. Children learn how to worship in church by copying you.
- Incidental noise and movement are not reasons to take your child out of church. If a child's crying or movements become a distraction to others, then it is time to leave until they are calm.
- If you have to leave the church with your child, do so but please come back. Our Lord said, "Let the children come to me and forbid them not, for such is the Kingdom of Heaven."
- Remember that the way we welcome children in church directly affects the way they respond to the Church, to God, and one another. Let them know that they are at home in our house of worship.

## **TO THE MEMBERS OF OUR PARISH**

The presence of children is a gift to the Church and they are a reminder that our parish is growing!

Please welcome our children and give a little encouragement to their parents.

### Today

**Parish Council Meeting** after Liturgy

Meeting of **Antiochian Women**

**Please remember to take your Sunday Bulletin** with you home, it will help you to remember the services and the events going on in your church. Please put the Liturgy book service back in the pocket when you are done using it. Thank you!

### **2017 Stewardship Pledge Campaign!**

We are less than \$4,000 away from our goal! As of April 21, 2017, we have a total of \$201,654 pledged which is 98% of our total goal of \$205,000. Thank you to those who have made their 2017 pledge commitment! We have also successfully collected 133 pledge commitments.

Please help us wrap up this campaign by turning in your pledge cards. They can be turned in to the white box at the back of the church. Your financial pledge and commitment is important and supports the work of the church, the parish itself and those who work for St. Mark. Your support and commitment to St. Mark is appreciated!

In Christ,

St. Mark Stewardship Committee

### This Week

**Wednesday May 3<sup>rd</sup>**, 6:30 Vespers

The May Newsletter is now published. Go to [www.st-mark-church.org](http://www.st-mark-church.org) to read it and to find our May calendar.

### Next week

**Sunday May 7<sup>th</sup>**, Mother/Daughter Tea

### Upcoming Services & Events

**Wednesday May 10<sup>rd</sup>**, 6:30 Vespers

**Mark your calendar for two dates:**

First date of **July 5–9, 2017** for the **Diocese of Los Angeles and the West Parish Life Conference**. Hosted by **St. Michael Church, Van Nuys, CA**

Please see Registration form included in this bulletin.

Second date is for the **53<sup>rd</sup> Biennial Archdiocese Convention**. Hosted by: **St. George Cathedral, Coral Gables, Florida – July 23-30 2017**. Event registration form is included in this bulletin.

St. Nichols Summer Camp sign-ups are now open!

Session 1: **July 16th-22nd**

Session 2: **July 23rd-29th**

Session 3: **July 30th-Aug. 5th**

**All parents with children from 8-18years of age are encouraged to sign them up at [Campstnicholas.com](http://Campstnicholas.com) to sign your kids up!** The kids make friends and memories that will last a lifetime while learning about their faith!

**Orthodox Christian Mission Center Opportunities for mission work.** Empower youth and teens in countries where youth ministry is emerging and opportunities for youth leadership exist. Orthodox Mission Teams to Alaska, Kenya, and Albania will offer programs for students and adult leaders, giving them the opportunity to develop vision for their youth groups, as well teach the Biblical basics of youth ministry and what it means to be a leader. These teams will model servant leadership by assisting in small groups, recreation, and worship. OCMC invites you to join these opportunities in youth ministry. For more information, please visit [www.ocmc.org](http://www.ocmc.org), e-mail [teams@ocmc.org](mailto:teams@ocmc.org), or call 1-877 GO FORTH (ext 141).

### **Arabic Lessons started at our Church**

**Lilian Zeidan** is offering Arabic Lessons for ages Kindergarten to High school. The lessons are after Church School on Sunday at 12:00 noon for kids up to 7 years old, and from 1- 3 pm for adults. If you are interested please call Lilian Zeidan at 714-721-4148 or email her at [lilianzeidan@yahoo.com](mailto:lilianzeidan@yahoo.com)

### **Orange County Forum**

A place for Orthodox Christian young adults in the OC area, married and single, to have fellowship, fun and engage in social and service activities. This group serves to foster the unity of faith, love and friendship between the Orthodox young adults in the community with discussion, speakers and fun social events. Join our Facebook group at <http://www.facebook.com/groups/OrangeCountyForum> for a list of scheduled events and more information. We meet the 2nd and 4th Tuesday's

at St. Paul's Greek Orthodox Church in Irvine starting at 6:30pm. Our upcoming schedule of events includes:

### **BUY SCRIP**

Our Ladies Guild buys scrip from many and various stores and Restaurants (see list included in this Bulletin) at a 3 to 10% discount. When you buy the scrip, which is accepted just like cash at the issuing store, the Parish benefits. You pay no more for these goods and services and are making a donation to our parish. You can purchase this scrip from Saeda Turk at the coffee hour.

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### **The Orthodox Christian greeting of Pascha**

**CHRIST IS RISEN! TRULY HE IS RISEN!**

**AL-MASSIH QAM! HAKKAN QAM! (Arabic)**

**CHRISTOS ANESTI! ALITHOS ANESTI! (Greek)**

**CHRISTOS A INVIAT! ADEVERAT A INVIAT! (Romanian)**

**CHRISTOS VOSKRESE! VOISTINU VOSKRESE! (Slavonic)**

**CRISTO HA RESUCITADO! EN VERDAD HA RESUCITADO! (Spanish)**

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