

# **St. Mark Antiochian Orthodox Church**

**Self-ruled Antiochian Orthodox Christian Archdiocese, Diocese of the West**

17840 Sky Park Circle, Irvine CA 92614 (949) 851-8933

Church Office Hours: M-F, 9:30 am – 4:30 pm

Website: [www.st-mark-church.org](http://www.st-mark-church.org)

Archpriest Michael Laffoon, Priest Patrick Irish

Protodeacon George Moubayed, Sub Deacon Athanasius Fakhouri

Choir Director Barbara Scholl

Chanters: Jacob Bahbah, Theresa Joubran, Mark Ellis,

Karim Youssef

Church Office Administrator: Lydia Wakileh

Teen Advisors: Paula Rodriguez and Dana Chade

*Church School After Holy Communion*



**JANUARY 15, 2017**

**VENERABLE PAUL OF THEBES**

## HYMNS AFTER THE LITTLE ENTRANCE

**Troparion of the Resurrection in the Fifth Tone:** Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

**Troparion of St. Paul of Thebes in the Eighth Tone:** The barren wilderness thou didst make fertile with the streams of thy tears; and by thy deep sighing thou hast given fruit through thy struggles a hundredfold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father Paul, intercede with Christ God to save our souls.

**Troparion of St. John the Hut-dweller in the Fourth Tone:**

Since thou hadst with fervor longed after the Lord from thy youth, thou leftest the world with its delights and nobly didst strive in valiant ascetic deeds. Thou didst pitch thy hut before the gates of thy parents; thou didst break the demons' snares, O all-blessed Father. And therefore, as is meet, hath Christ God glorified thee, O John.

**Troparion of Saint Mark in the Fourth Tone:** From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labor of Christ the Savior. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow laborer and didst enlighten the world with thy holy Gospel.

**Kontakion of the Presentation in the First Tone:** Thou, O Christ God, who by thy Birth, didst sanctify the Virgin's womb, and, as is meet, didst bless Simeon's arms, and didst also come to save us; preserve thy fold in wars, and confirm them whom thou didst love; for thou alone art the Lover of mankind.

**Prokeimenon** Tone 4: How great are Thy works, O Lord; Thou hast made all things in wisdom. Bless the Lord, O my soul.

**The reading from Saint Paul's Epistle to the Colossians (3:4-11)**

Brethren, when Christ who is our life appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which

is being renewed in knowledge after the image of its creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

**Alleluia Verses** (Psalm 17:47, 5) Tone 5: It is God who avenges me and has subdued the nation under me. God magnifies the salvation of his king, and deals mercifully with his anointed.

**The Reading from the Gospel according to St. Luke (17:12-19)**

And as he entered a village, he was met by ten lepers, who stood at a distance and lifted up their voices and said, "Jesus, Master, have mercy on us." When he saw them he said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus' feet, giving him thanks. Now he was a Samaritan. Then said Jesus, "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And he said to him, "Rise and go your way; your faith has made you well."

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**Holy Oblations are offered today** by Fr. Michael & Kh. Donna Laffoon for the soul of Kh. Betty Limbeson, departed this life four years, by the Turk Family for their mother Keitie Turk on the occasion of her birthday 1/9, by Samira Hajjar for the health and salvation of her daughters Rana and Suha and son in law Hani and grandchildren John and Judy and for the soul of her husband Suleiman Hajjar, and by Samira Mardini for the souls of Hebo, Yacoub, Michele Malak, Abdullah and Youssef.

**Coffee Hour is given today by the coffee hour committee**

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*Please remember in your prayers: Michael Debbas, Reham Turk, Maha Kureh, Darlyne Dibs, Eleanor Wackeen, Georgette Salameh, June Anter and the suffering people of Syria, Iraq, Lebanon, Egypt, Libya, Ethiopia, Palestine, Venezuela, Ukraine, and all people afflicted with disease and violence.*

**Ushers this week:** Marwan Dabit & Gabriel Attallah

**Ushers next week:** Slieman Aldada, Sam Kishek

**Altar boys serving this week:** Noah Fortuna, Daniel Attallah, Connor Wilde, George Aldada.

**Altar boys serving next week:** Samir Khamis, Joseph Attallah, Andrew Bahbah

### **Quote from the Saints**

I have heard from elders experienced in the practice of the virtues that evil thoughts are engendered in the soul by showy clothes, the belly's repletion and bad company.

St. Theodoros the great ascetic

### **Canned Food Drive**

Low employment and homelessness continue to be significant problems, even in affluent Orange County. In light of this, the ongoing canned food collection of our parish is a small but important way to help. Please try to bring something to go in the collection barrel every week.

### **Good Samaritan Fund**

Several years ago, St. Mark Church established a fund for assisting those in need, both within our parish and in the general community. From time to time we ask for contributions to the Good Samaritan Fund, and this is one of those times. If you are in need of assistance or you are aware of someone in our parish that needs financial assistance, please speak with Fr. Michael.

### **Church Etiquette**

- Please be on time for services; those arriving late should not approach the Chalice for Communion.
- To receive Communion, one must be a baptized/chrisdated Orthodox Christian who has prepared by prayer, fasting, alms giving, and regular confession.
- Confessions are heard on Wednesday and Saturday evenings after Great Vespers and during the week by appointment.
- Men, women, and children: please dress modestly for services.
- Please remove lip balm or lipstick before receiving Communion or kissing the holy icons, Chalice, or Gospel.

### **TO THE PARENTS OF OUR YOUNG CHILDREN**

- Relax! God put the wiggle in children; don't feel you have to suppress it in God's home. All are welcome!
- Sit toward the front where it is easier for your little ones to see and hear what's going on at the altar. They tire of seeing the back of others' heads.
- Quietly explain the actions of the Liturgy (what the priests, deacon, altar boys are doing)
- Sing the hymns and responses. Children learn how to worship in church by copying you.
- Incidental noise and movement are not reasons to take your child out of church. If a child's crying or movements become a distraction to others, then it is time to leave until they are calm.

- If you have to leave the church with your child, do so but please come back. Our Lord said, “Let the children come to me and forbid them not, for such is the Kingdom of Heaven.”
- Remember that the way we welcome children in church directly affects the way they respond to the Church, to God, and one another. Let them know that they are at home in our house of worship.

### TO THE MEMBERS OF OUR PARISH

The presence of children is a gift to the Church and they are a reminder that our parish is growing!

Please welcome our children and give a little encouragement to their parents.

### Today

Antiochian Woman meeting after church

### House blessings

We are now in House Blessing Season. To schedule a house blessing, please contact Fr Michael by calling the church office, (949) 851-8933 or via email at [frmlaffoon@yahoo.com](mailto:frmlaffoon@yahoo.com)

When Fr Michael comes to your home, please turn off all televisions and other distractions and prepare a list of the living to be remembered in the prayers

**June Hall Rentals:** If you are thinking about using our church hall for a June graduation party, you should reserve a date now. Our Caterer is already asking to reserve dates in June. We will hold these dates for parishioners until March 30. After that, we will open them for the caterer.

### **St. Mark 2017 Stewardship Pledge Drive!**

Our parish Stewardship Drive is underway and we're asking you to please consider making a pledge commitment to St. Mark for 2017. If you have not done so, please turn your pledge commitment to the white box in the back of the church now.

Thank you to those who have made their 2017 pledge commitment. As of January 11, 2017, we have a total of \$110,230 pledged which is 54% of our total goal of \$205,000. We have also successfully collected 53 pledge commitments.

We hope to reach our goal by the end of February. Your financial pledge and commitment is important and supports the work of the church, the parish itself and those who work for St. Mark. Your support and commitment to St. Mark is appreciated!

In Christ,

St. Mark Stewardship Committee

Please remember to **take your Sunday Bulletin** with you home, it will help you to remember the services and the events going on in your church. Much time and effort goes into the publishing of our bulletin so, please use it as a resource! Please put the Liturgy book service back in the pocket when you are done using it. Thank you!

*This Week*

**Wednesday January 18, Vespers 6:30 p.m.**

*Next Week*

**Wednesday January 25, Vespers 6:30 p.m.**

*Upcoming events and services*

**Wednesday February 1, Divine Liturgy for Feast of the Presentation of Christ (Orthros (5:30 p.**

**Saturday February 11, 7:00 p.m. Please mark your calendar for the Valentine's Day Dinner/Dance, at our beautiful Church Hall.**

**Sunday February 12, 5 p.m. (IOCC) invites you to Share the Love, at St. Luke Church. A Valentine-Themed Event to Benefit IOCC. Tickets: \$50 per person available at [ioccc.org/sharethelove](http://ioccc.org/sharethelove).**

Please contribute to the **Camp St. Nicholas Legacy Campaign!** Members of the Diocese have come together to raise funds for immediate repairs which are needed at our camp facility. Any donation is welcome, and brings membership in the "Camp Legacy Committee" which will be hosting future fellowship events. The goal for the fundraising campaign is \$30,000. Contributions are tax deductible and can be made easily online by

visiting: <https://www.gofundme.com/Campsaintnicholas> or by sending a check to: Umpqua Bank, Attention: Concetta Smarius |700 N. Central Suite 150 |Glendale, CA 91203. Checks should be made to: "St. Nicholas Cathedral Camp Repairs." For any questions, please contact Sonia Tower at 212-308-3696.

**FLYER FOR INCLUSION IN CHURCH BULLETIN – ATTACHED**

**Orthodox Christian Mission Center opportunities for mission work.** Empower youth and teens in countries where youth ministry is emerging and opportunities for youth leadership exist. Orthodox Mission Teams to Alaska, Kenya, and Albania will offer programs for students and adult leaders, giving them the opportunity to develop vision for their youth groups, as well teach the Biblical

basics of youth ministry and what it means to be a leader. These teams will model servant leadership by assisting in small groups, recreation, and worship. OCMC invites you to join these opportunities in youth ministry. For more information, please visit [www.ocmc.org](http://www.ocmc.org), e-mail [teams@ocmc.org](mailto:teams@ocmc.org), or call 1-877 GO FORTH (ext 141).

### **BUY SCRIP**

Our Ladies Guild buys scrip from many and various stores and Restaurants (see list included in this Bulletin) at a 3 to 10% discount. When you buy the scrip, which is accepted just like cash at the issuing store, the Parish benefits. You pay no more for these goods and services and are making a donation to our parish. You can purchase this scrip from Saeda Turk at the coffee hour.

### **Venerable Paul of Thebes (January 15)**

Saint Paul of Thebes was born in Egypt around 227 in the Thebaid of Egypt. Left orphaned, he suffered many things from a greedy relative over his inheritance. During the persecution against Christians under the emperor Decius (249-251), Saint Paul learned of his brother-in-law's insidious plan to deliver him into the hands of the persecutors, and so he fled the city and fled into the wilderness.

Settling into a mountain cave, Saint Paul dwelt there for ninety-one years, praying incessantly to God both day and night. He sustained himself on dates and bread, which a raven brought him, and he clothed himself with palm leaves.

Saint Anthony the Great (January 17), who also lived as an ascetic in the Thebaid desert, had a revelation from God concerning Saint Paul. Saint Anthony thought that there was no other desert dweller such as he. Then God said to him, "Anthony, there is a servant of God more excellent than you, and you should go and see him."

Anthony went into the desert and came to Saint Paul's cave. Falling to the ground before the entrance to the cave, he asked to be admitted. The Elders introduced themselves, and then embraced one another. They conversed through the night, and Saint Anthony revealed how he had been led there by God. Saint Paul disclosed to Saint Anthony that for sixty years a bird had brought him half a loaf of bread each day. Now the Lord had sent a double portion in honor of Saint Paul's visit. The next morning, Saint Paul spoke to Anthony of his approaching death, and instructed him to bury him. He also asked Saint Anthony to return to his monastery and bring back the cloak he had received from Saint Athanasius. He did not really need a garment, but wished to depart from his body while Saint Anthony was absent.

As he was returning with the cloak, Saint Anthony beheld the soul of Saint Paul surrounded by angels, prophets, and apostles, shining like the sun and ascending to God. He entered the cave and found Abba Paul on his knees with his arms outstretched. Saint Anthony mourned for him, and wrapped him in the cloak. He wondered how he would bury the body, for he had not remembered to bring a shovel. Two lions came running from the wilderness and dug a grave with their claws.

Saint Anthony buried the holy Elder, and took his garment of palm leaves, then he returned to his own monastery. Saint Anthony kept this garb as a precious inheritance, and wore it only twice a year, on Pascha and Pentecost.

Saint Paul of Thebes died in the year 341, when he was 113 years old. He did not establish a single monastery, but soon after his end there were many imitators of his life, and they filled the desert with monasteries. Saint Paul is honored as the first desert-dweller and hermit.

In the twelfth century Saint Paul's relics were transferred to Constantinople and placed in the Peribleptos monastery of the Mother of God, on orders of the emperor Manuel (1143-1180). Later, they were taken to Venice, and finally to Hungary, at Ofa. Part of his head is in Rome.

Saint Paul of Thebes, whose Life was written by Saint Jerome, is not to be confused with Saint Paul the Simple (October 4