

# **St. Mark Antiochian Orthodox Church**

**Self-ruled Antiochian Orthodox Christian Archdiocese, Diocese of the West**

17840 Sky Park Circle, Irvine CA 92614 (949) 851-8933

Church Office Hours: M-F, 9:30 am – 4:30 pm

Website: [www.st-mark-church.org](http://www.st-mark-church.org)

Archpriest Michael Laffoon, Priest Patrick Irish

Protodeacon George Moubayed, Sub Deacon Athanasius Fakhouri

Choir Director Barbara Scholl

Chanters: Jacob Bahbah, Theresa Joubran, Mark Ellis,

Karim Youssef

Church Office Administrator: Lydia Wakileh

Teen Advisors: Paula Rodriguez and Dana Chade



**AUGUST 28, 2016**

**TENTH SUNDAY AFTER PENTECOST**

**RIGHTEOUS FATHER MOSES OF ETHIOPIA**

## HYMNS AFTER THE LITTLE ENTRANCE

**Troparion of the Resurrection in the First Tone:** While the stone was sealed by the Jews and the soldiers were guarding Thy most pure body, Thou didst arise on the third day O Savior, granting life to the world, for which cause the heavenly powers cried aloud unto Thee. O giver of life, glory to Thy resurrection, O Christ, glory to Thy Kingdom, glory to Thy providence, O Thou who alone art the lover of mankind.

**Troparion of St. Moses the Ethiopian in the First Tone:** Thou didst prove to be a citizen of the desert, an angel in the flesh, and a wonderworker, O Moses, our God-bearing Father. By fasting, vigil, and prayer thou didst obtain heavenly gifts, and thou healest the sick and the souls of them that have recourse to thee with faith. Glory to Him that hath given thee strength. Glory to Him that hath crowned thee. Glory to Him that worketh healings for all through thee.

**All: Troparion to St. Mark in the Fourth Tone:** From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labor of Christ the Savior. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow laborer and didst enlighten the world with thy holy Gospel.

**Kontakion of the Nativity of the Theotokos in the Fourth Tone:** By thy holy nativity, O immaculate one, Joachim and Anna were delivered from the reproach of barrenness, and Adam and Eve from the corruption of death; thy people celebrate it, having been saved from the penalty of their transgressions, crying unto thee: The barren doth give birth to the Theotokos, the nourisher of life.

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**Prokeimenon** (Psalm 32:22, 1) Let your mercy be upon us. Rejoice in the Lord, O you righteous.

**Reading from St. Paul's First Letter to the Corinthians.** (Chapter 4:9-16)

Brethren, I think that God has exhibited us apostles as last of all, like men sentenced to death; because we have become a spectacle to the world, to angels and to men. We are fools for Christ's sake, but you are wise in Christ. We are weak, but you are strong. You are held in honor, but we in disrepute. To the present hour we hunger and thirst, we are ill-clad and buffeted and homeless, and we labor, working with our own hands. When reviled, we bless; when persecuted, we endure; when slandered, we try to conciliate; we have become, and are now, as the refuse of the world, the off scouring of all things.

I do not write this to make you ashamed, but to admonish you as my beloved children. For though you have countless guides in Christ, you do not have many fathers. For I became your father in Christ Jesus through the gospel. I urge you, then, be imitators of me.

**Alleluia verses** (Psalm 17:47, 50) It is God who avenges me. God magnifies the salvation of his king, and deals mercifully with his anointed.

**The Reading from the Holy Gospel according to St. Matthew (17:14-23)**

At that time, a man came up to Jesus and kneeling before him said, "Lord, have mercy on my son, for he is an epileptic and he suffers terribly; for often he falls into the fire, and often into the water. And I brought him to your disciples, and they could not heal him." And Jesus answered, "O faithless and perverse generation, how long am I to be with you? How long am I to bear with you? Bring him here to me." And Jesus rebuked him, and the demon came out of him, and the boy was cured instantly. Then the disciples came to Jesus privately and said, "Why could we not cast it out?" He said to them, "Because of your little faith. For truly, I say to you, if you have faith as a grain of mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible to you. This kind never come out except by prayer and fasting."

As they were traveling together through Galilee, Jesus said to them, "The Son of man is to be delivered into the hands of men, and they will kill him, and he will rise on the third day."

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**Holy Oblations are offered today by the Whitacre and Laffoon families for James Whitacre on the occasion of his fifth birthday (today!)**

**Coffee Hour is given today by the Coffee Hour Committee.**

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*Please remember in your prayers: Michael Debbas, Reham Turk, Maha Kureh, Darlyne Dibs, Eleanor Wackeen, Georgette Salameh, Lourice Kishek, June Anter and the suffering people of Syria, Iraq, Lebanon, Egypt, Libya, Ethiopia, Palestine, Venezuela, Ukraine, and all people afflicted with disease and violence.*

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<p><b>Ushers this week:</b> Nelson Mamey &amp; Jimmy Goson</p> <p><b>Ushers next week:</b> Nader Qoborsi &amp; Maurice Karkar</p> <p><b>Altar boys serving this week:</b> James Dabbah, Paul Youssef, Nour Youssef, Matthew Dabbah.</p>
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**Altar boys serving next week:** Sammy Khamis, Andrew Azzam, George Bahbah, Richard Tierney.

### **Quote from the Saints**

During prayer, it is not beneficial to strive for exalted feelings. One should only discern the meaning of the words, pronounced, pray attentively, and then, with time, the Lord will grant spiritual insight and heartfelt contrition.

*St. Nikon of Optina*

### **Canned Food Drive**

Low employment and homelessness continue to be significant problems, even in affluent Orange County. In light of this, the ongoing canned food collection of our parish is a small but important way to help. Please try to bring something to go in the collection barrel every week.

### **Good Samaritan Fund**

Several years ago, St. Mark Church established a fund for assisting those in need, both within our parish and in the general community. From time to time we ask for contributions to the Good Samaritan Fund, and this is one of those times. If you are in need of assistance or you are aware of someone in our parish that needs financial assistance, please speak with Fr. Michael.

### **Church Etiquette**

- Please be on time for services; those arriving late should not approach the Chalice for Communion.
- To receive Communion, one must be a baptized/chrisdated Orthodox Christian who has prepared by prayer, fasting, alms giving, and regular confession.
- Confessions are heard on Wednesday and Saturday evenings after Great Vespers and during the week by appointment.
- Men, women, and children: please dress modestly for services.
- Please remove lip balm or lipstick before receiving Communion or kissing the holy icons, Chalice, or Gospel.
- If you wish to stand for the entire service, please do so in the back or the aisle so as not to block the view of others who may need to sit. When seated, we should refrain from a posture of relaxation (e.g., crossing legs or arms).
- Pledges, Tithes, Donations: Giving 10% of one's income is God-pleasing, as are all gifts offered by a pious and cheerful giver with a humble heart. Membership forms, renewed annually, are located in the Hall.
- Children are welcome! Yet, if they interfere with the prayers of the faithful, we all may need a break. Food and drink (and toys) are not allowed in the Temple.

### *This Week*

**Monday August 29, Evening Liturgy for the Feast of the Beheading of St. John the Baptist 6:30 p.m. (Orthros at 5:30 p.m.)**

**Wednesday August 31, Vespers 6:30 p.m.**

### *Next week*

**Monday September 5, Labor Day (Church office closed)**

**Wednesday September 7: 6:30 p.m. Divine Liturgy Feast of the Nativity of the Theotokos (Orthros 5:30 p.m.)**

**“UN”GOLF DINNER AND HOEDOWN, Saturday, September 10 from 6-10 pm.** Join us for our annual fundraising dinner at Strawberry Farms as we host an "Un"Golf Barbecue Dinner & Hoedown! Come learn to western line dance, two steps or try your luck at our 50/50 raffle and putting contest! All proceeds benefit St. Mark Orthodox Church. Every paid ticket purchased at St. Mark Church receives one box of Girl Scout cookies per ticket. This venue has a limited seating of 250. \$50 per ticket if paid before 8/28. \$60 per ticket if paid after 8/28. \$30 for children 12 and under. For "Hoedown" sponsorship packages, see Nelson Mamey. Questions? Tickets can also be purchased online at [www.st-mark-church.org](http://www.st-mark-church.org) Contact event chairs, Kyra Pelachik and Barbara Scholl. You'll have a 'yee-haw' good time!

### **Upcoming Services & Events**

**Tuesday September 13, 6:30 p.m. Parish Council Meeting.**

**Wednesday September 14, Elevation of the Precious and Life-giving Cross, Divine Liturgy 6:30 p.m. (Orthros 5:30 p.m.)**

**Thursday September 15, 7:00 p.m. Mere Orthodoxy.**

**September 16, 17 and 18, Visit of Fr. Joseph Morris, Abbot of St. Gregory Palmas Monastery, Hiram Ohio. Fr. Joseph will meet with our teens on Friday the 16<sup>th</sup>. On Saturday the 17<sup>th</sup> he will be our guest speaker for an all day retreat and then on Sunday, celebrate Divine Liturgy with us.**

**Sunday September 18, Church School Registration.**

**Antiochian Women of St. Mark, please mark your calendar for the Annual Friendship Tea on Sunday September 25<sup>th</sup>, Please see flyer included.**

**Mark your calendar for the Annual Wine & Dinner tasting on Saturday November 5, at the church hall. Please see flyer included for more information.**

**Orthodox Christian Mission Center opportunities for mission work.** Empower youth and teens in countries where youth ministry is emerging and opportunities for youth leadership exist. Orthodox Mission Teams to Alaska, Kenya, and Albania will offer programs for students and adult leaders, giving them the opportunity to develop vision for their youth groups, as well teach the Biblical basics of youth ministry and what it means to be a leader. These teams will model servant leadership by assisting in small groups, recreation, and worship. OCMC invites you to join these opportunities in youth ministry. For more information, please visit [www.ocmc.org](http://www.ocmc.org), e-mail [teams@ocmc.org](mailto:teams@ocmc.org), or call 1-877 GO FORTH (ext 141).

### **Orange County Orthodox Christian Young Professionals**

Young adults are welcome to join us for a social and spiritual/discussion each month. Contact Kyra Pelachik at [ococyp@gmail.com](mailto:ococyp@gmail.com) or Charlie Kassaseya at 858-761-1720. You can find our events on [www.tinyurl.com/ococyp](http://www.tinyurl.com/ococyp) or Facebook (search: OC Orthodox Christian Young Professionals)

September TBA – Camping Trip

September 27 – 6:30pm Discussion

### **BUY SCRIP**

Our Ladies Guild buys scrip from many and various stores and Restaurants (see list included in this Bulletin) at a 3 to 10% discount. When you buy the scrip, which is accepted just like cash at the issuing store, the Parish benefits. You pay no more for these goods and services and are making a donation to our parish. You can purchase this scrip from Saeda Turk at the coffee hour.

### **Saint of the Day – Venerable Moses of Ethiopia (August 28)**

Saint Moses, who is also called Moses the Black, was a slave, but because of his evil life, his master cast him out, and he became a ruthless thief, dissolute in all his ways. Later, however, coming to repentance, he converted, and took up the monastic life under Saint Isidore of Scete. He gave himself over to prayer and the mortification of the carnal mind with such diligence that he later became a priest of exemplary virtue. He was revered by all for his lofty ascetical life and for his great humility. Once the Fathers in Scete asked Moses to come to an assembly to

judge the fault of a certain brother, but he refused. When they insisted, he took a basket which had a hole in it, filled it with sand, and carried it on his shoulders. When the Fathers saw him coming they asked him what the basket might mean. He answered, "My sins run out behind me, and I do not see them, and I am come this day to judge failings which are not mine." When a barbarian tribe was coming to Scete, Moses, conscious that he himself had slain other men when he was a thief, awaited them and was willingly slain by them with six other monks, at the end of the fourth century.