

St. Mark Antiochian Orthodox Church

Self-ruled Antiochian Orthodox Christian Archdiocese, Diocese of the West

17840 Sky Park Circle, Irvine CA 92614 (949) 851-8933

Church Office Hours: M-F, 9:30 am – 4:30 pm

Website: www.st-mark-church.org

Archpriest Michael Laffoon, Priest Patrick Irish

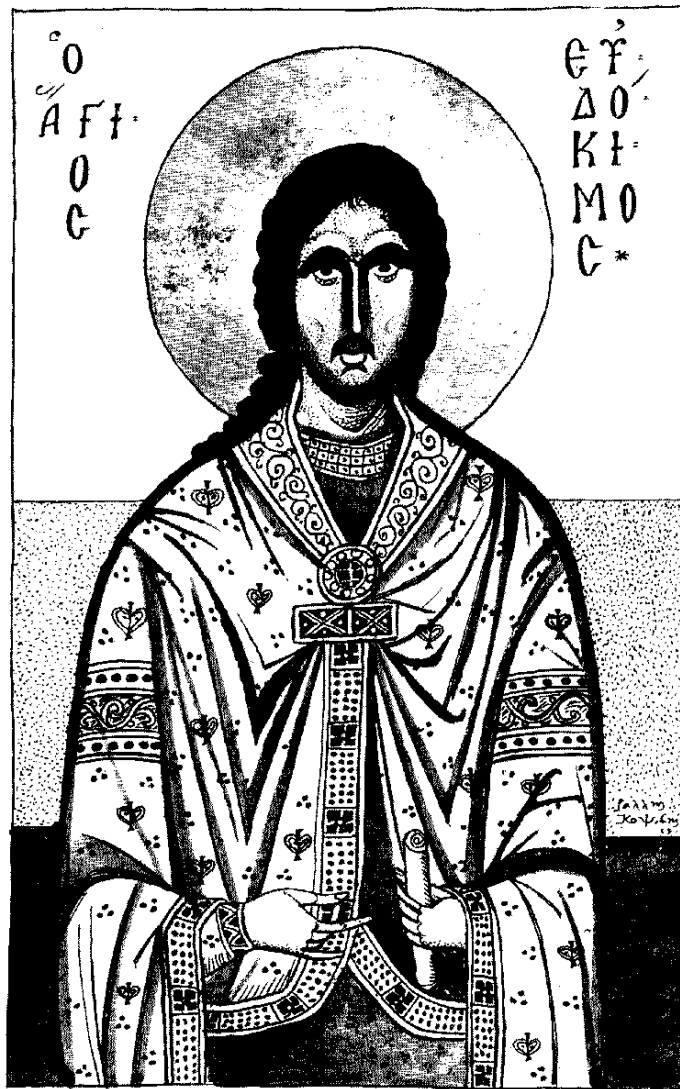
Protodeacon George Moubayed, Sub Deacon Athanasius Fakhouri

Choir Director Barbara Scholl

Chanters: Jacob Bahbah, Theresa Joubran, Mark Ellis,
Karim Youssef

Church Office Administrator: Lydia Wakileh

Teen Advisors: Paula Rodriguez and Dana Chade



JULY 31, 2016

SIXTH SUNDAY AFTER PENTECOST

RIGHTEOUS EUDOKIMOS OF CAPPADOCIA

HYMNS AFTER THE LITTLE ENTRANCE

Troparion of the Resurrection in the Fifth Tone: Let us believers praise and worship the Word, co-eternal with the Father and the Spirit, born of the Virgin for our salvation; for he took pleasure in ascending the Cross in the flesh, to suffer death, and to raise the dead by his glorious Resurrection.

Troparion of St. Eudokimos in the Fourth Tone: The One that hath called thee from the earth to Heaven to dwell preserveth thy body uncorrupted after thy death, O saintly Eudokimus; for in living modestly and chastely, O blest one, thou didst keep thy flesh free of all stain and defilement; with boldness, therefore, pray unto Christ that we may all be saved.

All: **Troparion to St. Mark in the Fourth Tone:** From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labor of Christ the Savior. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow laborer and didst enlighten the world with thy holy Gospel.

Priest: **Kontakion of the Transfiguration in the Seventh Tone:** Thou wast transfigured on the mountain, O Christ God, and thy disciples beheld thy glory as far as they could bear it; so that when they would behold thee crucified, they would understand that thy passion was voluntary and would proclaim to the world that thou art truly the Radiance of the Father.

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Prokeimenon (Psalm 88, 1, 2) Tone 5: You, O Lord, shall keep us and preserve us. Save me, O Lord, for the godly man has failed.

Reading from St. Paul's Letter to the Romans (12:6-15)

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness.

Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality.

Bless those who persecute you; bless and do not curse them.

Alleluia (Psalm 91.1, 2) Tone 5: I will sing of your mercies, Lord, for ever. For you have said: "Mercy shall be built up for ever.

Reading from the gospel according to St Matthew (9:1-8)

At that time, Jesus got into a boat, crossed over and came to his own city. And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins" -- he then said to the paralytic -- "Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, who had given such authority to men.

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Holy Oblations are offered today by Melad & Wafa Hanna for the health and salvation of their children Michael, Amanda & Sameer, and by Lilian Kassicieh for the health and salvation of her family, Hani, Nawal, Maher, Rula, Michael, Mark and for the souls of Shafik departed this life 11 years & Jalal departed 3 years, may their memory be eternal.

Coffee Hour is given today by the Coffee Hour Committee.

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Please remember in your prayers: Michael Debbas, Reham Turk, Maha Kureh, Darlyne Dibs, Eleanor Wackeen, Georgette Salameh, Lourice Kishek, June Anter and the suffering people of Syria, Iraq, Lebanon, Egypt, Libya, Ethiopia, Palestine, Bangladesh, Ukraine, and all people afflicted with disease and violence.

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<p>Ushers this week: Dimitri Kort & Randy Dabbah</p> <p>Ushers next week: Don Skaff & Melad Hanna</p> <p>Altar boys serving this week: Noah Fortuna, Daniel Atallah, Connor Wilde, George Aldada.</p> <p>Altar boys serving next week: Samir Khamis, Joseph Atallah, Andrew Bahbah</p>
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Quote from the Saints

If there is any rest for us in this world, then it consists only in purity of the conscience and patience. This is a harbor for us who sail upon the sea of life....

St. Tikhon of Zadonsk

Canned Food Drive

Low employment and homelessness continue to be significant problems, even in affluent Orange County. In light of this, the ongoing canned food collection of our parish is a small but important way to help. Please try to bring something to go in the collection barrel every week.

Good Samaritan Fund

Several years ago, St. Mark Church established a fund for assisting those in need, both within our parish and in the general community. From time to time we ask for contributions to the Good Samaritan Fund, and this is one of those times. If you are in need of assistance or you are aware of someone in our parish that needs financial assistance, please speak with Fr. Michael.

Church Etiquette

- Please be on time for services; those arriving late should not approach the Chalice for Communion.
- To receive Communion, one must be a baptized/chrisdated Orthodox Christian who has prepared by prayer, fasting, alms giving, and regular confession.
- Confessions are heard on Wednesday and Saturday evenings after Great Vespers and during the week by appointment.
- Men, women, and children: please dress modestly for services.
- Please remove lip balm or lipstick before receiving Communion or kissing the holy icons, Chalice, or Gospel.
- If you wish to stand for the entire service, please do so in the back or the aisle so as not to block the view of others who may need to sit. When seated, we should refrain from a posture of relaxation (e.g., crossing legs or arms).
- Pledges, Tithes, Donations: Giving 10% of one's income is God-pleasing, as are all gifts offered by a pious and cheerful giver with a humble heart. Membership forms, renewed annually, are located in the Hall.
- Children are welcome! Yet, if they interfere with the prayers of the faithful, we all may need a break. Food and drink (and toys) are not allowed in the Temple.

Today

Most of the items in the St. Mark Book of Needs have been sponsored (Thank You!) The following items are still in need of sponsorship

Candle Stands (2)

Epiphany Holy Water Font

New Altar Server robes. We are looking to provide two sets (one light and one dark), totaling 32 robes. Twenty five have been sponsored; we have 7 robes to go!

This Week

Dormition Fast begins on Monday August 1. During this Fast the Church prescribes the following fast: we abstain from all meat, dairy products (including eggs), fish, wine and olive oil (in some traditions olive oil is allowed). Shellfish may be eaten throughout the fast. Wine and olive oil are permitted on Saturdays and Sundays only. Please make every effort to fast according to the best of your ability and to come to the Sacrament of Holy Confession during this holy season!

Tuesday August 2, 7:00 pm Mere Orthodoxy

Wednesday August 3, 6:30 p.m. Vespers

Friday August 5, 6:30 Great Vespers

Saturday August 6, Orthros (9:00 a.m.), Divine Liturgy (10:00 a.m.) Feast of the Transfiguration of our Lord.

Next week

Tuesday August 9, Parish Council 6:30 p.m.

Wednesday August 10, 6:30 p.m. Vespers

Upcoming Services & Events

UN"GOLF DINNER AND HOEDOWN, Saturday, September 10 from 6-10 pm. Join us for our annual fundraising dinner at Strawberry Farms as we host an "Un"Golf Barbecue Dinner & Hoedown! Come learn to western line dance, two step or try your luck at our 50/50 raffle and putting contest! All proceeds benefit St. Mark Orthodox Church. Every paid ticket purchased at St. Mark Church receives one box of Girl Scout cookies per ticket. This venue has a limited seating of 250. \$50 per ticket if paid before 8/28. \$60 per ticket if paid after 8/28. \$30 for children 12 and under. For "Hoedown" sponsorship packages, see Nelson Mamey. Questions? Tickets can also be purchased online at www.st-mark-church.org Contact event chairs, Kyra Pelachik and Barbara Scholl. You'll have a 'yee-haw' good time!

Antiochian Women of St. Mark, please mark your calendar for the Annual Friendship Tea on Sunday September 25th, Place to be announced soon.

FOCUS National Summer Feeding Program, which will begin mid-June, in two locations within Southern California. Nearest to Orange County, FOCUS OC is working with the YMCA of Long Beach to get regular meals to kids throughout the summer, and we need the help of you and your parish communities to assemble lunches!

How It Will Work

For 6 weeks during the summer, **June 27 - August 5, 2016**, FOCUS will be implementing this program, gathering volunteers at local kitchen prep sites (our is at **Assumption of the Blessed Virgin Mary Greek Orthodox Church** at the address - 5761 E Colorado St, Long Beach, CA 90814.), and assembling lunches (from 9:00 a.m. to 11:00 a.m.). These will then be delivered to youth centers.

Please see Austin Turk or Fr. Michael for more details.

Orthodox Christian Mission Center opportunities for mission work. Empower youth and teens in countries where youth ministry is emerging and opportunities for youth leadership exist. Orthodox Mission Teams to Alaska, Kenya, and Albania will offer programs for students and adult leaders, giving them the opportunity to develop vision for their youth groups, as well teach the Biblical basics of youth ministry and what it means to be a leader. These teams will model servant leadership by assisting in small groups, recreation, and worship. OCMC invites you to join these opportunities in youth ministry. For more information, please visit www.ocmc.org, e-mail teams@ocmc.org, or call 1-877 GO FORTH (ext 141).

Orange County Orthodox Christian Young Professionals

Young adults are welcome to join us for a social and spiritual/discussion each month. Contact Kyra Pelachik at ococyp@gmail.com or Charlie Kassaseya at 858-761-1720. You can find our events on www.tinyurl.com/ococyp or Facebook (search: OC Orthodox Christian Young Professionals)

August 13th – TBA – Hike rescheduled

August 30 – 6:30pm, “Life of the Theotokos” Discussion at St. Barnabas Orthodox Church

September TBA – Camping Trip

September 27 – 6:30pm Discussion

BUY SCRIP

Our Ladies Guild buys scrip from many and various stores and Restaurants (see list included in this Bulletin) at a 3 to 10% discount. When you buy the scrip, which is accepted just like cash at the issuing store, the Parish benefits. You pay no more for these goods and services and are making a donation to our parish. You can purchase this scrip from Saeda Turk at the coffee hour.

Saint of the Day, Eudokimos of Cappadocia, July 31

Saint Eudokimos was from Cappadocia, the son of pious and most illustrious parents, patricians in rank. He especially cultivated chastity and mercy, the one by never meeting the gaze of a woman, the other by cheerfully providing the needs of the poor. When he was made military commander of Cappadocia, he continued in his righteous ways, showing mercy and uprightness in all his dealings. Having so lived in piety, quietly and without ostentation, he was called from this life at the age of thirty-three, about the year 840, during the reign of the Iconoclast Theophilus. Not long after his burial, his grave became a fountain of unending miracles, as God revealed the virtue that Eudokimos had striven to hide; when his grave was later opened, his body was found incorrupt. His holy relics were translated to Constantinople.