

St. Mark Antiochian Orthodox Church

Self-ruled Antiochian Orthodox Christian Archdiocese, Diocese of the West

17840 Sky Park Circle, Irvine CA 92614 (949) 851-8933

Church Office Hours: M-F, 9:30 am – 4:30 pm

Website: www.st-mark-church.org

Archpriest Michael Laffoon, Priest Patrick Irish

Protodeacon George Moubayed, Sub Deacon Athanasius Fakhouri

Choir Director Barbara Scholl

Chanters: Jacob Bahbah, Theresa Joubran, Mark Ellis,

Karim Youssef

Church Office Administrator: Lydia Wakileh

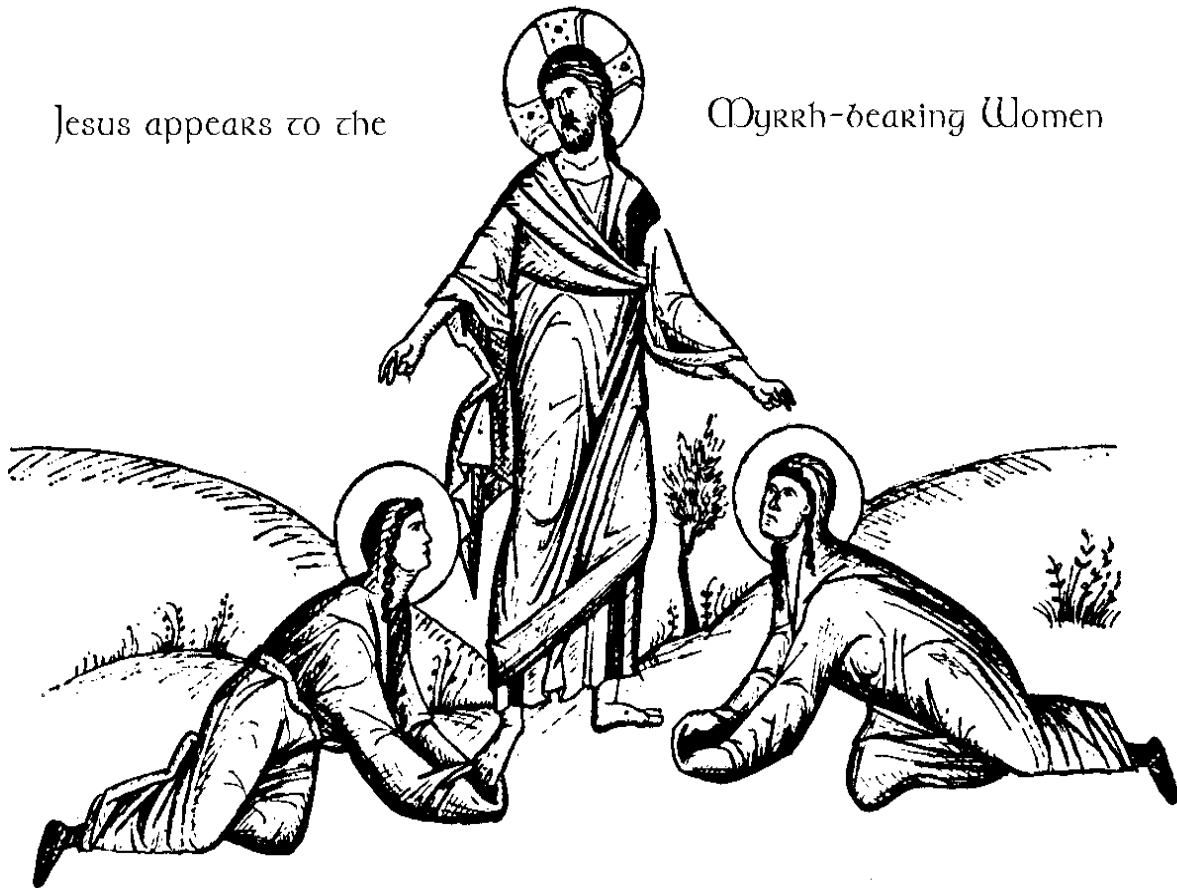
Teen Advisors: Paula Rodriguez and Dana Chade

المسيح قام! حقاً قام!

CHRIST IS RISEN

Jesus appears to the

Myrrh-bearing Women



MAY 15, 2016

SUNDAY OF THE MYRRH-BEARING WOMEN

DURING THE LITTLE ENTRANCE

Troparion of the Feast Tone 5: Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life.

Arabic: Al-ma-sih qam min bai-ni l-am-wat, wa-wa-ti-a l-mowt bil-mowt, wa-wa-ha-ba l-hayah, lil-la-dhi-na fi l-qu-bur (sung alternately with Psalm verses in between).

THE PASCHAL ENTRANCE HYMN

Priest: In the gathering places bless ye God the Lord from the springs of Israel.

People: Save us O Son of God, Who art risen from the dead, who sing to Thee, Alleluia.

HYMNS AFTER THE LITTLE ENTRANCE

All: **Troparion of the Resurrection in the Second Tone**: When Thou didst submit Thyself unto death, O Thou deathless and immortal one, then Thou didst destroy Hell with Thy Godly power, and when Thou didst raise the dead from beneath the earth, all the powers of heaven did cry aloud unto Thee, O Christ Thou giver of Life glory to Thee. (*Repeated in Arabic*)

Choir: **Troparia of the Myrrh-bearers in the Second Tone**: The pious Joseph, having brought down thy pure body from the Tree, wrapped it in fine linen, embalmed it with ointment, provided for it, and laid it in a new tomb. But thou didst verily rise, after three days, O Lord, granting the world the Great Mercy.

Verily, the angel came to the tomb and said to the ointment-bearing women: The ointment is meet for the dead, but Christ is shown to be remote from corruption. But cry ye: The Lord is risen, granting the world the great mercy.

Troparion to St. Mark in the Fourth Tone: From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labor of Christ the Savior. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow laborer and didst enlighten the world with thy holy Gospel.

Kontakion of Pascha in the Eighth Tone: Down to the grave though thou wentest immortal Lord. Yet didst thou there hurl down death by thy throne of might and art risen with vict'ry crowned, O Christ our true God; And hast hailed with glad greeting the women that came with myrrh; And unto thine Apostles hast graciously sent thy peace, O Lord that grantest the fallen to rise with thee.

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Prokeimenon (Psalm 117:14,18) The Lord is my strength and my song. The Lord has chastened me sorely.

The reading from the Acts of the Apostles (6:1-7)

In those days, the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolaus, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Alleluia Verses (Psalm 19:1, 9) May the Lord hear you in the day of trouble. O Lord, save the king, and hear us when we call upon you.

The Reading from the Holy Gospel according to St. Mark (15:43-47 16:1-8)

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of James saw where he was laid.

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; -- it was very large.

And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to any one, for they were afraid.

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OTHER CHANGES FOR SUNDAY OF THE MYRRH BEARING WOMEN
Instead of "It is truly meet...", the choir will sing: The Megalynarion of Pascha, "The Angel cried to the Lady..."

Communion Hymn: "Receive ye the body of Christ and taste and see him that is found deathless." replaces "Praise ye the Lord..."

Instead of "We have seen the true light, we sing "Christ is risen..."

Note: During the Paschal season, for the Communion of the people, we sing the Troparion of Pascha in various languages.

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Holy Oblations are offered today by Emad Rizkallah & family for the soul of his aunt Ivon Gahshan departed this life 40 days ago and for his father Hanna Rizkallah departed 21 years, and by Joanna Novac and family for the soul of her mother Doina departed this life 40 days.

Luncheon is given today by Constantine Geronikolaou

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Please remember in your prayers: Michael Debbas, Reham Turk, Odette Chade, Maha Kureh, Darlyne Dibs, Eleanor Wackeen, Georgette Salameh, Lourice Kishek, June Anter and the suffering people of Syria, Iraq, Lebanon, Egypt, Libya, Ethiopia, Palestine, Yemen, Ukraine, West Africa, Nepal and all people afflicted with disease and violence.

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Ushers this week: Sleiman Aldada & Sam Kishek

Ushers next week: Dimitri Kort & Randy Dabbah

Altar boys serving this week: Samir Khamis, Joseph Atallah, Andrew Bahbah

Altar boys serving next week: Andrew Khamis, Alex Turk, Jay Skaff, Paul Rodriguez.

Quote from the Saints

"With Thee, Lord, I will flee, that I may gain in Thee life in every place. The prison with Thee is no prison, for in Thee man goes up into Heaven: the grave with Thee is no grave, for Thou art the Resurrection!" -- *St. Ephraim the Syrian*

Canned Food Drive

Low employment and homelessness continue to be significant problems, even in affluent Orange County. In light of this, the ongoing canned food collection of our parish is a small but important way to help. Please try to bring something to go in the collection barrel every week.

Good Samaritan Fund

Several years ago, St. Mark Church established a fund for assisting those in need, both within our parish and in the general community. From time to time we ask for contributions to the Good Samaritan Fund, and this is one of those times. If you are in need of assistance or you are aware of someone in our parish that needs financial assistance, please speak with Fr. Michael.

Church Etiquette

- Please be on time for services; those arriving late should not approach the Chalice for Communion.
- To receive Communion, one must be a baptized/chrisdated Orthodox Christian who has prepared by prayer, fasting, alms giving, and regular confession.
- Confessions are heard on Wednesday and Saturday evenings after Great Vespers and during the week by appointment.
- Men, women, and children: please dress modestly for services.
- Please remove lip balm or lipstick before receiving Communion or kissing the holy icons, Chalice, or Gospel.
- If you wish to stand for the entire service, please do so in the back or the aisle so as not to block the view of others who may need to sit. When seated, we should refrain from a posture of relaxation (e.g., crossing legs or arms).
- Pledges, Tithes, Donations: Giving 10% of one's income is God-pleasing, as are all gifts offered by a pious and cheerful giver with a humble heart. Membership forms, renewed annually, are located in the Hall.
- Children are welcome! Yet, if they interfere with the prayers of the faithful, we all may need a break. Food and drink (and toys) are not allowed in the Temple.

Today

Christ is risen! Truly, He is risen!

المسيح قام! حقاً قام!

Most of the items in the St. Mark Book of Needs have been sponsored (Thank You!) The following items are still in need of sponsorship

Processional Torch (1 has been spoken for)

Candles Stands (2)

Epiphany Holy Water Font

New Altar Server robes. We are looking to provide two sets (one light and one dark), totaling 32 robes. Twenty have been sponsored; we have 12 robes to go!

This Week

Wednesday May 18, 6:30 Vespers, followed by **Mere Orthodoxy** with special guests Mother Ameliana and Sister Ignati.

Next week

Sunday May 22, 12:00 – 4:00 p.m. The Antiochian Women of St. Mark 8th Annual Mother/Daughter Tea Luncheon with Little Ladies Diamond Tiara Fashion Show ages 4-12.

Tuesday May 24, 7:00 p.m. Mere Orthodoxy

Wednesday May 25, 6:30 Vespers

Upcoming Services & Events

Sunday May 29, FOCUS Ministry

Monday May 30, Memorial Day, Church Office is closed.

Tuesday May 31, 7:00 pm Mere Orthodoxy

Antiochian Orthodox Christian Women of North America Educational Grant.

Antiochian Orthodox Christian Women of North America are able to award grants in the amount of \$500.00 each to help women (who at least 26 years of age) to return to education or training in order to improve their circumstances and those of their families. They will be awarding these scholarships in July at the NAB meeting.

Antiochian Women's Scholarship application is available at the table by the bulletin board.

Dead line for the Committee to receive the application is June 1, 2016.

Please find more information on the Annual Antiochian Women's Scholarship and the application on the table at the hall by the bulletin board if you are interested.

FOCUS is gearing up for our upcoming National Summer Feeding Program, which will begin mid-June, in two locations within Southern California. Nearest to Orange County, FOCUS OC is working with the YMCA of Long Beach to get regular meals to kids throughout the summer, and we need the help of you and your parish communities to assemble lunches!

How It Will Work

For 6 weeks during the summer, **June 27 - August 5, 2016**, FOCUS will be implementing this program, gathering volunteers at local kitchen prep sites (our is at St. Luke Church Garden Grove), and assembling lunches (from 9:00 a.m. to 11:00 a.m.). These will then be delivered to youth centers.

We are hoping that our parish can take the lead for one of the six weeks, and we need a volunteer to lead this effort. Please see Austin Turk or Fr. Michael for more details.

SAMP - Church School

Our SAMP Priest for 2015 - 2016 school year is Fr. Frumentius Elias Taubata.

In order to support our Priest your child should be:

- Remembering him in their daily prayers
- Contributing to our SAMP fund by bringing a dime, quarter or dollar to church school each Sunday and placing the funds in the basket on the table. Thank You!

Eileen Waian-Ellis

Orthodox Christian Mission Center opportunities for mission work. Empower youth and teens in countries where youth ministry is emerging and opportunities for youth leadership exist. Orthodox Mission Teams to Alaska, Kenya, and Albania will offer programs for students and adult leaders, giving them the opportunity to develop vision for their youth groups, as well teach the Biblical basics of youth ministry and what it means to be a leader. These teams will model servant leadership by assisting in small groups, recreation, and worship. OCMC invites you to join these opportunities in youth ministry. For more information, please visit www.ocmc.org, e-mail teams@ocmc.org, or call 1-877 GO FORTH (ext 141).

Orange County Orthodox Christian Young Professionals

Young adults are welcome to join us for a social and spiritual/discussion each month. Contact Kyra Pelachik at ococyp@gmail.com or Charlie Kassaseya at 858-761-1720. You can find our events on www.tinyurl.com/ococyp or Facebook (search: OC Orthodox Christian Young Professionals)

May 24 – Discussion: “Practical Applications to your Spiritual Life” at St. Barnabas Orthodox Church, 6:30pm

June, July & August events TBA

**64th Annual Parish Life Conference Of
Antiochian Orthodox Christian Archdiocese of North America
Diocese of Los Angeles and the West
Dioceses of Eagle River and the Northwest
Hosted by St. George Antiochian Orthodox Church, Phoenix, AZ
JUNE 28, 2016 - JULY 3, 2016
AT JW MARRIOTT PHOENIX DESERT RIDGE SPA & RESORT**

Please see flyer included for more information and registration

BUY SCRIP

Our Ladies Guild buys scrip from many and various stores and Restaurants (see list included in this Bulletin) at a 3 to 10% discount. When you buy the scrip, which is accepted just like cash at the issuing store, the Parish benefits. You pay no more for these goods and services and are making a donation to our parish. You can purchase this scrip from Saeda Turk at the coffee hour.

Saints of the day - The Myrrh bearing Women

About the beginning of His thirty-second year, when the Lord Jesus was going throughout Galilee, preaching and working miracles, many women who had received of His beneficence left their own homeland and from then on followed after Him. They ministered unto Him out of their own possessions, even until His crucifixion and entombment; and afterwards, neither losing faith in Him after His death, nor fearing the wrath of the Jewish rulers, they came to the sepulcher; bearing the myrrh-oils they had prepared to annoint His body. It is because of the myrrh-oils, that these God-loving women brought to the tomb of Jesus that they are called the Myrrh-bearers. Of those whose names are known are the following: first of all, the most holy Virgin Mary, who in Matthew 27:56 and Mark 15:40 is called "the mother of James and Joses" (these are the sons of Joseph by a previous

marriage, and she was therefore their step-mother); Mary Magdalene (celebrated July 22); Mary, the wife of Clopas; Joanna, wife of Chouza, a steward of Herod Antipas; Salome, the mother of the sons of Zebedee, Mary and Martha, the sisters of Lazarus; and Susanna. As for the names of the rest of them, the evangelists have kept silence (Matt 27:55-56; 28:1-10. Mark 15:40-41. Luke 8:1-3; 23:55-24:11, 22-24. John 19:25; 20:11-18. Acts 1:14).

The Orthodox Christian greeting of Pascha

CHRIST IS RISEN!

TRULY HE IS RISEN!

AL-MASSIH QAM!

HAKKAN QAM! (Arabic)

CHRISTOS ANESTI!

ALITHOS ANESTI! (Greek)

CHRISTOS A INVIAT!

ADEVERAT A INVIAT! (Romanian)

CHRISTOS VOSKRESE!

VOISTINU VOSKRESE! (Slavonic)

CRISTO HA RESUCITADO!

EN VERDAD HA RESUCITADO! (Spanish)